## Contents

### Editorials

**2** Editorials

**From the Editor**

**2** The relativistic, naturalistic nature of ethics and other issues

Felicity Goodyear-Smith

### Original Scientific Papers

**4** Original Scientific Papers

**Quantitative Research**

**4** Does Your Heart Forecast help practitioner understanding and confidence with cardiovascular disease risk communication?

Sue Wells, Andrew Kerr, Elizabeth Broadbent, Craig MacKenzie, Karl Cole, Andy McLachlan

**10** In the eyes of the Dunedin public, what constitutes professionalism in medicine?

Maria Hutchinson, Jim Reid

**Qualitative Research**

**16** Long-term condition management: health professionals’ perspectives

Natasha Ashworth, Shona Thompson

**23** Rural nurse to nurse practitioner: an ad hoc process

Jenny Carryer, Julie Boddy, Claire Badge

**29** Engaging with complementary and alternative medicine in general practice

Marion Upsdell, Chrystal Jaye

**35** Assessing patient safety culture in New Zealand primary care: a pilot study using a modified Manchester Patient Safety Framework in Dunedin general practices

Katharine Wallis, Susan Dovey

**41** The health promotion shift into Primary Health Organisations: Implications for the health promotion workforce

Sarah Lovell, Pat Neuwelt

### Improving Performance

**48** Improving Performance

**48** Clinical outcomes and patients’ perceptions of nurse-led healthy lifestyle clinics

Bob Marsball, Sue Floyd, Rachel Forrest

### Case Series Review

**52** Case Series Review

**53** Improved motor function with Bowen therapy for rehabilitation in chronic stroke: a pilot study

Bruce Duncan, Patrick McHugh, Frank Houghton, Craig Wilson

### Back to Back

**58** Back to Back

**58** We should give the influenza vaccine to elderly patients in rest homes who are suffering from severe dementia

Yes Lance Jennings; No Nikki Turner

### Continuing Professional Development

**63** Continuing Professional Development

**62** String of PEARLS about complementary and alternative therapy

**62** Cochrane Corner: Deep breathing may be effective for mild depression in patients with coronary heart disease

Bruce Arroll

**63** Charms & Harms: Hawthorn

Phil Rasmussen

**65** Nuggets of Knowledge: Venous leg ulcers: pentoxifylline (Trental®) or zinc

Linda Bryant

**66** Guidelines Summary: Clinical guidelines for weight management in New Zealand adults, children and young people

Andrew Jull, Carlene Lawes, Helen Eyles, Ralph Maddison, Delvina Gorton, Kim Arcus, Nigel Chee, Barry Taylor, Jim Mann on behalf of the guideline development team

**72** Pounamu: Adjusting protocols in clinical research: finding the point of cultural/clinical fusion

Suzanne Pitama, Vicky Cameron, Tania Huria, Karen Tikao-Mason, Allamanda Faatoese and Gillian Whalley

### Ethics

**74** Ethics

**74** Is the ‘trolley problem’ a problem?

R Glynn Owens

### Viewpoint

**77** Viewpoint

**77** Collaboration between doctors and nurses

Jenny Carryer

**79** 1998 vision for year 2003 for members of Pegasus Medical Group

Les Toop

**82** Training for family medicine in Canada and general practice in New Zealand: how do we compare?

Sue Pullon

### Letters to the Editor

**86** Letters to the Editor

**88** About the Journal of Primary Health Care