# CONTENTS



ISSN 1172-6164 (Print) ISSN 1172-6156 (Online)

# 90 Editorials

# From the Editor

90 What is evidence-based practice and how do we get there? *Felicity Goodyear-Smith* 

#### Guest Editorial

- 92 Why do we always end up here? Evidence-based medicine's conceptual cul-de-sacs and some off-road alternative routes *Trisba Greenbalgb*
- 98 The case for practice-based evidence to support evidencebased practice

Barry Parsonson

## 100 Original Scientific Papers

#### Quantitative Research

100 Access in New Zealand to antidotes for accidental and intentional drug poisonings

Victoria Abbott, Michaela Creighton, Janelle Hannam, Timothy Vincent, Carolyn Coulter

- 106 Prescription drug misuse: quantifying the experiences of New Zealand GPs Janie Sberidan, Sophie Jones, Trudi Aspden
- 113 Gender differences in financial barriers to primary health care in New Zealand Santosb Jatrana, Peter Crampton

#### Qualitative Research

- Access to general practice for Pacific peoples: a place for cultural competency
  Melissa Ludeke, Ronald Puni, Lynley Cook, Maria Pasene, Gillian Abel, Faafetai Sopoaga
- 131 New Zealand pharmacists' experiences, practices and views regarding antibiotic use without prescription Majd Dameb, Pauline Norris, James Green
- 141 Is our focus right? Workforce development for primary health care nursing Eileen McKinlay, Jill Clendon, Sue O'Reilly

#### Mixed Method Research

150 Teamwork—general practitioners and practice nurses working together in New Zealand Mary Finlayson, Antony Raymont

#### 156 Back to Back

156 Adherence to evidence-based guidelines is the key to improved health outcomes for general practice patients Yes: Jim Vause; No: Dee Mangin

#### 161 Continuing Professional Development

161 Cochrane Corner: Topical antibiotics are probably better than systemic antibiotics for chronically discharging ears with an underlying perforation *Bruce Arroll* 

161 String of PEARLS about skin lesions

162 Vaikoloa: Pacific workforce development within primary health care Siro Fuatai

163 **Potion or Poison?** Guarana

David Woods

165 Nuggets of Knowledge: β-blockers in COPD—yes, it's OK (with care)

Linda Bryant

# 166 Viewpoint

166 Diagnosis in primary care: probabilistic reasoning Bruce Arroll, GM Allan, C Raina Elley, Tim Kenealy, James McCormack, Ben Hudson, Karen Hoare

## 174 Letters to the Editor

## 175 Book Review

175 Essentials of Human Nutrition —edited by Jim Mann and A Stewart Truswell Reviewed by Lynette Fergusson

## 176 About the Journal of Primary Health Care