Loss, Grief and Trauma in the Workplace

This practical book, whilst intended for USA and UK professionals, employers, human resource managers, employees, students, parents and families, has universal appeal including for 21st century Australian workplaces.

As its title suggests, the seven chapters offer an understanding of loss, grief and trauma, strategies on how to respond to it, the policy context and imperatives, provision of care and support, and the do's and don'ts when reaching out to a mourner. A guide to further learning is also included.

Importantly, both the central roles of leadership and community underpin its message. The differences between a culture of compliance and commitment, and normal (typical) and complicated grieving, are outlined. The contested area of meaning and spirituality, and their significance for empowerment and growth, are superbly articulated. Employment law is briefly mentioned and wisely suggests specific guidance for legal provision is left to local institutions. This book brings concepts, practical strategies and resources together in ways that are available to all people involved in the area of employment. Every workplace should have one!

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