

[10.1071/SH23116](https://doi.org/10.1071/SH23116)

*Sexual Health*

### **Supplementary Material**

#### **Engaging older Australians in sexual health research: SHAPE2 survey recruitment and sample**

*Louise Bouchier<sup>A,\*</sup>, Meredith Temple-Smith<sup>B</sup>, Jane Hocking<sup>A</sup>, Helen Bittleston<sup>A</sup>, and Sue Malta<sup>A</sup>*

<sup>A</sup>Melbourne School of Population and Global Health, University of Melbourne, Melbourne, Vic., Australia.

<sup>B</sup>Department of General Practice and Primary Care, University of Melbourne, Melbourne, Vic., Australia.

\*Correspondence to: Louise Bouchier Melbourne School of Population and Global Health, University of Melbourne, Melbourne, Vic., Australia Email: [louise.bouchier@unimelb.edu.au](mailto:louise.bouchier@unimelb.edu.au)

# SexualHealthOver60FINAL

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Start of Block: Introduction and consent

## **Q1.1 SURVEY ON THE SEXUAL HEALTH INFORMATION NEEDS OF OLDER ADULTS IN AUSTRALIA**

Thank you for your interest in this study. This survey is part of a PhD research project within the Melbourne School of Population and Global Health at the University of Melbourne.

To participate you must be aged 60 or over, and currently living in Australia. You can complete this survey even if you are not sexually active.

Your participation is voluntary. If you do not wish to take part, you do not have to. If you begin participating, you can also stop at any time.

The survey will take approximately 30 minutes to complete.

### **WHAT IS THIS SURVEY ABOUT?**

Older adults have different sexual health and wellbeing needs from younger people and there are few information sources to meet these needs. This research aims to investigate the types of sexual health and wellbeing information older Australians are interested in, how they want to access it, and the topics they want to know about.

### **WHAT QUESTIONS WILL I BE ASKED?**

The survey will ask you about yourself (for example, age, gender, sexual orientation), your relationships (for example, relationship status, use of dating apps), how you would be most likely to access sexual health and wellbeing information (for example, websites, talking to your GP), what information you would like to know more about (for example, sexually transmissible infections, sexual difficulties), this includes asking whether you want to know more about sexual practices and pleasure (for example, orgasm, use of sexual aids).

Due to the sensitive nature of these topics, it is possible that you may feel embarrassed or uncomfortable about some of the questions. You can skip any questions you do not want to answer and can exit the survey at any time.

### **WHAT WILL HAPPEN TO MY INFORMATION?**

You will not be asked to provide your name, and you will not be personally identified in any results published from this study.

### **HOW WILL MY DATA BE USED?**

Data collected in this study will be used to understand the sexual health needs of older adults in Australia, and how those needs can be better met. Research results will be published in academic journals, media articles, and presented at conferences.

### **FURTHER INFORMATION**

You can get further information here: [Plain Language Statement](#). If you have additional questions about the project, please contact Sue Malta at: [susan.malta@unimelb.edu.au](mailto:susan.malta@unimelb.edu.au), or Louise Bouchier at: [louise.bouchier@unimelb.edu.au](mailto:louise.bouchier@unimelb.edu.au)

This survey has been approved by the University of Melbourne Human Research Ethics Committee, ID: 2057393.1

Please click the "Next" button below to continue to the survey.



#### **Q1.2**

This survey asks explicit questions about sexual topics. Your participation is voluntary, you can skip any questions you do not want to answer, and you may quit the survey at any time.

Do you consent to participating in this survey?

- No, I do not consent
- Yes, I consent

**End of Block: Introduction and consent**

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**Start of Block: Inclusion criteria**



#### **Q2.1**

You must live in Australia to participate.

What is your postcode? Please write four numbers in the box, for example 3000

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Q2.2

You must be aged 60 or older to participate.

What year were you born? Please select below

▼ 1961 ... 1910

End of Block: Inclusion criteria

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Start of Block: Basic demographics



Q3.1 Which best describes your gender?

- Male
  - Female
  - I describe my gender in another way (please specify)
- 



Q3.2 Which best describes your current employment status? Select all that apply

- Retired
- Working full time
- Working part time
- Casual work
- Volunteer work
- Unemployed and looking for work
- Unemployed and not looking for work
- Student
- Carer
- Disability Support Pension
- Other (please specify) \_\_\_\_\_

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*Display This Question:*  
*If Which best describes your current employment status? Select all that apply = Retired*

Q3.3 What was your occupation when you retired?

\_\_\_\_\_

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*Display This Question:*  
*If Which best describes your current employment status? Select all that apply = Working full time*  
*Or Which best describes your current employment status? Select all that apply = Working part time*

Q3.4 What is your current occupation?

\_\_\_\_\_

## End of Block: Basic demographics

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### Start of Block: Information seeking behaviour since 60

Q4.1 In this survey we use the phrase “sexual health and wellbeing” as a broad term that includes physical health, intimate relationships, and pleasure. With increasing age a person's sexual health and wellbeing needs may change, and we want to understand more about the needs of older adults in Australia.

The term "sexual health and wellbeing" includes, for example, intimacy in both short-term and long-term relationships, safer sex, changes in sexual functioning with age, difficulty with erections or orgasm, intimacy when living with chronic disease or after cancer. It is not limited to partnered sex and also includes, for example, masturbation, online dating, and long distance relationships where there is no physical contact with another person.

Please keep this broad definition in mind as you answer the following questions.

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Q4.2 The next questions ask you about sexual health and wellbeing information you have accessed since you turned 60 years old.

For example:            Talking to your doctor about erections after prostate surgery  
                                 Reading about safer sex on a health information website    Watching a TV episode  
about maintaining intimacy in long-term relationships            Reading an online forum for advice  
on how to create an online dating profile

It's fine if you can't remember exactly when you did things, just approximately since you turned 60.

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Q4.3 Have you sought information on sexual health and wellbeing since you turned 60? Select all that apply

- Yes, for myself
- Yes, for someone else
- No

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*Display This Question:*

*If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for myself*

Q4.4 What was the last sexual health and wellbeing topic you sought information on for yourself?

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*Display This Question:*

*If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for myself*



Q4.5 Where did you seek information on this topic? Select all that apply

- Health information websites e.g. Healthline, Better Health
  - Social media e.g. Facebook
  - Online forums / chat sites
  - Online videos e.g. YouTube
  - Other website(s) (please specify)
- 

- Podcasts
  - Books / magazines
  - TV / radio
  - Educational talks / workshops
  - Talking to a GP / nurse / healthcare provider
  - Therapist / counsellor
  - Friends
  - Family members
  - Somewhere else (please specify)
- 

*Display This Question:*

*If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for myself*





Q4.6 Did you find what you were looking for?

- Yes
- Partially, but not completely (please specify)  
\_\_\_\_\_
- No
- I don't know

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*Display This Question:*

*If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else*



Q4.7 When you last sought sexual health and wellbeing information for someone else, who was it for?

- My husband / wife / partner
- A friend
- A family member
- Someone else (please specify)  
\_\_\_\_\_

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*Display This Question:*

*If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else*

Q4.8 What was the last sexual health and wellbeing topic you sought information on for someone else?

\_\_\_\_\_

Display This Question:

If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else



Q4.9 Where did you seek information on this topic? Select all that apply

Health information websites e.g. Healthline, Better Health

Social media e.g. Facebook

Online forums / chat sites

Online videos e.g. YouTube

Other website(s) (please specify)

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Podcasts

Books / magazines

TV / radio

Educational talks / workshops

Talking to a GP / nurse / healthcare provider

Therapist / counsellor

Friends

Family members

Somewhere else (please specify)

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Display This Question:

If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else



Q4.10 Did you find what you were looking for?

- Yes
- Partially, but not completely (please specify)  
\_\_\_\_\_
- No
- I don't know

Display This Question:

If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for myself

And Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else

Q4.11 Is there anything else you would like to tell us about sexual health and wellbeing information that you have accessed since turning 60?

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Display This Question:

If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = No

Q4.12 Why do you think you have not sought sexual health and wellbeing information since you turned 60?

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End of Block: Information seeking behaviour since 60

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Start of Block: Future information seeking behaviour

Q5.1 The next questions ask you where you would seek information on sexual health and wellbeing in future.



Q5.2 Would you use the internet to access sexual health and wellbeing information?

- Yes I would
- Maybe, it depends (please specify)  

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- No I wouldn't

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*Display This Question:*

*If Would you use the internet to access sexual health and wellbeing information? = Yes I would  
Or Would you use the internet to access sexual health and wellbeing information? = Maybe, it depends (please specify)*



Q5.3 How likely are you to use these websites for accessing sexual health and wellbeing information?

	Extremely likely	Somewhat likely	Neither likely nor unlikely	Somewhat unlikely	Extremely unlikely
Health information website e.g. Healthline, Better Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
News / current affairs websites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Search for information on Google / search engine	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Facebook	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Twitter	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other social media e.g. Instagram, Tumblr	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Seniors forum / chat site	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other online forums / chat sites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Online dating sites e.g. RSVP, Lumen	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Blogs e.g. Sixty and Me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Podcasts	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Online videos  
e.g. YouTube

Pornography  
websites

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*Display This Question:*

*If Would you use the internet to access sexual health and wellbeing information? = Yes I would*

*Or Would you use the internet to access sexual health and wellbeing information? = Maybe, it depends (please specify)*



Q5.4 Which devices would you use when accessing sexual health and wellbeing information on the internet? Select all that apply

Mobile phone

Tablet / iPad

Personal computer

Something else (please specify)

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Q5.5 How likely are you to seek sexual health and wellbeing information in the following places?

	Extremely likely	Somewhat likely	Neither likely nor unlikely	Somewhat unlikely	Extremely unlikely
Books / magazines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
TV / radio	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educational talks / workshops	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking to a GP / nurse / healthcare provider	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Therapist / counsellor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Friends	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family members	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Library / community centre	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q5.6 How important are these considerations when you are evaluating the trustworthiness of sexual health and wellbeing information?

	Extremely important	Very important	Moderately important	Slightly important	Not at all important
Endorsed by an institution e.g. hospital, university	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Endorsed by a relevant health organization e.g. Better Health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Endorsed by a relevant community organization e.g. seniors advocacy group	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Author names and qualifications are given	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Visually appealing / looks professional	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Created by people who are 60 and over themselves	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Need to pay to access it (i.e. do you think a resource you pay for is more trustworthy than a free resource?)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Rated and reviewed by users

Recent publication or update date

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**Q5.7**

Is there anything else that would make sexual health and wellbeing information accessible, appealing, or trustworthy to you?

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**End of Block: Future information seeking behaviour**

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**Start of Block: Topics**

**Q6.1**

The next questions ask you about the sexual health and wellbeing topics you would like to know more about.

Some questions contain sexually explicit language. You can skip any questions you are not comfortable answering.



Q6.2 Which topics related to sexual anatomy and physiology would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Female arousal and orgasm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Male arousal and orgasm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vulva appearance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Erection shape and size	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pelvic floor health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prostate health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.3 Which topics related to sexual difficulties would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Difficulty with orgasm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vaginal dryness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Difficulty with erections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changes / difficulties with ejaculation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low libido (sex drive)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pain with penetrative sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other physical discomfort during sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.4 Which topics related to dating apps and online dating would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
How to use dating apps / online dating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety using dating apps / online dating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Finding and choosing dating apps / online dating websites	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to make a profile for a dating app / online dating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How to talk to people on dating apps / online dating	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.5 This question asks you about "sexually transmissible infections" (STIs), which may also be known as "sexually transmitted diseases" (STDs) or "venereal disease" (VD). Herpes, gonorrhoea, chlamydia, and syphilis are examples of sexually transmissible infections.

Which topics related to sexual health and sexually transmissible infections would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Preventing sexually transmissible infections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Symptoms of sexually transmissible infections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Testing for sexually transmissible infections	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Choosing and using condoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other safer sex methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.6 Which topics related to sexual pleasure would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Ways I can pleasure my partner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ways my partner can pleasure me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Self-pleasure / masturbation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ways to be sexually intimate without penetration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Choosing and using lubricants	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Choosing and using sex toys	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.7 Which topics related to sex and ageing would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Ageing and sexual performance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ageing and libido (sex drive)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ageing and sexual pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Whether it is safe to still be having sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sex positions for older bodies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Female sexual function after menopause	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Impact of hormone replacement therapy (HRT) on sexual function	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Erection medications e.g Viagra, Cialis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.8 Which of these topics related to sex and health would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Sex after a medical event e.g. heart attack, stroke, surgery	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sex after prostate surgery / prostatectomy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sex during / after breast cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sex during / after other types of cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Adapting your sexual practices for chronic illness or disability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intimacy and dementia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intimacy when one or both partners are in residential care	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>





Q6.9 Which of these topics about sex and relationships would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Intimacy after divorce	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intimacy after death of a partner	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healing from past sexual trauma / abuse	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healing after infidelity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Finding a sex therapist / relationship counselor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intimacy in long-distance relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Intimacy in online relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.10 Which of these additional topics would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Body image and its effect on sexual intimacy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Same-sex sexual experiences later in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gender expression or transition later in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Types of pornography and how to find them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Challenges / traps when accessing and using pornography	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Open relationships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Kink / BDSM	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.11

Which topics related to sexual communication would you like to know more about?

	I am interested in learning more about this	I am not interested in this	I am not sure what this is
Talking about safer sex e.g. using condoms	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Communicating about sexually transmissible infections and testing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing pleasure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking about sexual difficulties	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing mismatched libidos (sex drives)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking about wanting to try new sexual activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Discussing alternatives to penetrative sex	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>



Q6.12 With whom would you like to improve your confidence in talking about sexual health and wellbeing matters? Select all that apply

People on dating apps / online dating websites

New sexual partner(s)

Husband / wife / long-term partner(s)

GP / nurse / healthcare provider

Family

Friends

Someone else (please specify)

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Q6.13 Are there any other sexual health and wellbeing topics you would like to know more about that have not been covered?

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End of Block: Topics

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Start of Block: Self & relationships

Q7.1

The next questions ask about your relationships and sexual life.

You can skip any questions you are not comfortable answering.



Q7.2 How would you describe your sexual orientation at the moment?

- Heterosexual (straight)
- Homosexual (lesbian or gay)
- Bisexual
- Asexual
- In another way (please specify)

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Q7.3

Which best describes your current relationship status?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Living with my husband/wife/partner
- Committed relationship, living in separate houses
- Single and not dating
- Single and dating
- Long-distance relationship with a partner I have met in person
- Long-distance relationship with a partner I have not met in person
- Something else (please specify)

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X→

#### Q7.4

In the next questions "having sex" is defined broadly and includes intimate physical contact with another person. It includes activities like oral sex, manual stimulation, or using sex toys together. It may include, but is not limited to vaginal or anal intercourse.

Which best describes your current sexual life?

If none of the options fit, please select the last option and type in the textbox.

- I am not having sex
- I am having sex with one partner
- I am having sex with more than one partner
- Something else (please specify)

---

X→

Q7.5

If you have a regular partner (either casual or committed) how would you describe your current relationship?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Not applicable, I do not have a regular partner
- Sexually monogamous
- Affectionate but not sexual (platonic)
- Open relationship
- Something else (please specify)

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Q7.6

If you have a regular partner (either casual or committed), how long have you been together?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Not applicable, I do not have a regular partner
  - Less than 1 year
  - 1-4 years
  - 5-9 years
  - 10-19 years
  - 20-29 years
  - 30-39 years
  - More than 40 years
  - Something else (please specify)
- 



Q7.7 How satisfied are you with your current intimate relationship(s)?

- Extremely satisfied
  - Somewhat satisfied
  - Neither satisfied nor dissatisfied
  - Somewhat dissatisfied
  - Extremely dissatisfied
-



X→

Q7.8

How would you like your situation to change in future? Select all that apply

I want to...

Not applicable, I don't want my situation to change

Start dating

Start having sex again

Have sex more frequently

Have sex less frequently

Be in a committed relationship

End my relationship

Live with my partner / move in together

Stop living together

Open my relationship (have other sexual partners)

Close my relationship (be sexually monogamous)

Change in another way (please specify)

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X→

Q7.9 Have you ever used a dating app or online dating website?

- Yes, since I turned 60
- Yes, but not since I turned 60
- No, never

*Skip To: Q7.14 If Have you ever used a dating app or online dating website? = No, never*

*Display This Question:*

*If Have you ever used a dating app or online dating website? = Yes, since I turned 60*



Q7.10 How often do you use dating apps or online dating websites?

- Most days
  - A couple of times a week
  - A few times a month
  - Occasionally
  - Haven't used for more than 6 months
  - Something else (please specify)
- 

*Display This Question:*

*If Have you ever used a dating app or online dating website? = Yes, since I turned 60*

*Or Have you ever used a dating app or online dating website? = Yes, but not since I turned 60*



Q7.11 What have you used dating apps or online dating websites for? Select all that apply

- Chatting / texting
  - Organising virtual date / meet-up
  - Organising in-person date / meet-up
  - Something else (please specify)
- 

*Display This Question:*

*If Have you ever used a dating app or online dating website? = Yes, since I turned 60*

*Or Have you ever used a dating app or online dating website? = Yes, but not since I turned 60*



Q7.12 Have you met any sexual partners via a dating app or online dating website?

- Yes
- No

*Display This Question:*

*If Have you met any sexual partners via a dating app or online dating website? = Yes*



Q7.13 Which best describes the sexual partner(s) you have met via dating apps / online dating?

- Casual sexual partner(s)
  - Ongoing committed relationship(s)
  - Something else (please specify)
- 



Q7.14 Have you ever been tested for sexually transmissible infections (STIs)?

- Yes, since I turned 60
  - Yes, but not since I turned 60
  - No, never
- 



Q7.15 Have you ever been diagnosed with a sexually transmissible infection (STI)?

- Yes, since I turned 60
  - Yes, but not since I turned 60
  - No, never
- 



Q7.16 Do you have a regular GP?

- No
  - Yes
- 



Q7.17 On average, how many times a year do you go to the GP?

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**End of Block: Self & relationships**

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**Start of Block: Final questions**

Q8.1 What do you feel are the most important sexual health and wellbeing issues for you?

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Q8.2

What barriers can make it difficult for you to address sexual health and wellbeing issues in your life?

Please write in the box below.

For example: I'm embarrassed to ask my doctor about sex after prostate surgery  
I want to be in a relationship, but I'm not sure how to meet people I don't know where to find information on female orgasm I'd like more intimacy in my marriage, but my husband / wife doesn't want to talk about it

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Q8.3 Has the COVID-19 pandemic influenced your sexual health and wellbeing at all? If so, please tell us how.

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Q8.4 Where did you hear about this survey?

- Friend or family member
- Facebook
- Other social media (please specify)

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- Email newsletter (please specify)

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- Another way (please specify)

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End of Block: Final questions

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Start of Block: Email address



Q9.1 Would you like us to contact you with: Results of this study when they are available? An invitation to participate in future research related to this project?

Select all that apply.

- No, please do not contact me
- Yes, please contact me with the study results
- Yes, please let me know about future research related to this project

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Display This Question:

If Would you like us to contact you with:Results of this study when they are available? An invitatio... = Yes, please contact me with the study results

Or Would you like us to contact you with:Results of this study when they are available? An invitatio... = Yes, please let me know about future research related to this project



Q9.2

Please leave your email address below. (Your survey answers will remain anonymous).

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End of Block: Email address

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