CONTINUING PROFESSIONAL DEVELOPMENT

STRING OF PEARLS

10.1071/HC15920

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Practical Evidence About Real Life Situations

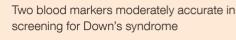
About Pregnancy

Prepared by Anne Buckley, Medical Editor, for the Cochrane Primary Care Field

PEARLS are succinct summaries of Cochrane Systematic Reviews for primary care practitioners—developed by Prof. Brian McAvoy for the Cochrane Primary Care Field (www.cochraneprimarycare.org), New Zealand Branch of the Australasian Cochrane Centre at the Department of General Practice and Primary Health Care, University of Auckland (www. auckland.ac.nz/uoa), funded by the Ministry of Health (www.health.govt. nz), and published in NZ Doctor (www.nzdoctor.co.nz.).

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No identified risk in use of topical corticosteroids during pregnancy

Insufficient evidence for exercise preventing gestational diabetes mellitus

Psychosocial interventions effective for smoking cessation during pregnancy

Vitamin supplementation does not prevent miscarriage

Interventions effective for preventing & treating pelvic & back pain during pregnancy

Diet & exercise effective for weight reduction after childbirth