

General Practice: Clinical Cases Uncovered

by Emma Storr, Gail Nicholls, Alison Lea, Martha Leigh and Sheena McMain

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'Clinical Cases Uncovered' is aimed at senior medical students and junior doctors who might be entering general practice. The authors believe that their learning will be enhanced with 'real-life' characters and also by including the medical, psychological and social problems. There is a casual narrative style that is contemporary and compelling—the aunt or uncle next door, the husband or wife or friends. However, case summaries and boxed inserts provide the official medical complement in a highly succinct 'list' format—the universal language of all medical students and trainees.

The book is divided into three sections: *Basics*, *clinical cases* and *self-assessment*. There is a brief 'how to use this book' in the beginning that smuggles in some important suggestions for learners, such as working individually or in groups, and that the clinical cases may crop up on exams.

In Part 2, there are 36 delicious cases commonly seen in general practice, with a narrative approach of guiding the reader to a final diagnosis and treatment. The cases represent the most common reasons for patients to consult their doctor, as well as the most common presenting symptoms in the GP surgery.

Learning can be self-assessed in Part 3 by the use of MCQs, EMQs and SAQs—a diverse group of test questions. The learner could easily utilise these questions as a pre-test and then focus their attention on the areas of weakness.

One cannot ignore the appendix section of additional information and schedules, albeit quite brief and simple, yet helpful. While the immunisation schedule is designated for the UK, it does serve as an excellent comparison to New Zealand's schedule.

The index of cases by diagnosis found in the back of the book is important for the medical educator—a very keen audience for this creative learning opportunity. Much thought and sound judgement has gone into this compilation of cases for learning—Book 2 of *Clinical Cases Uncovered* is surely in the minds or computers of the authors.

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Cardiovascular Risk Management

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'Cardiovascular Risk Management' provides a comprehensive, practical and easy reference to the use and implementation

of evidence-based guidelines for the assessment and management of cardiovascular disease, drawing on international as well as key regional guidelines from Australia, Canada, Europe, New Zealand, the United Kingdom and the United States.

This is an ideal reference guide for general practitioners, junior doctors, medical students and nurses, and in

the New Zealand context for clinical governance groups in Primary Health Organisations.

There are currently a plethora of guidelines confronting those in clinical practice and the aim of this book is to provide a practical guide for primary care physicians on the key guidelines on cardiovascular risk management and to illustrate the use of these guidelines.