

greater, it may be critical for primary care professionals to screen for the range of linked conditions that may affect their patients. Opportunistically addressing these health conditions early will be positive, and ultimately healing, for patients who have been subjected to a destructive event with many ongoing stressors and consequences.

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## Hearts Hands Minds: The cardio-thoracic nurses of Green Lane Hospital

Margaret Horsburgh

Reviewed by **Stewart Eady**, Cardiac Care Manager, Heart Foundation

**H**earts Hands Minds walks the reader through the 60+ years of the history of Greenlane Hospital's cardiothoracic surgical unit and looks at a special group of Kiwis that established and maintained an international reputation. This book takes a unique look at these people, their personalities and achievements, the highs and lows of this past era, with a major focus on the role nurses played.

Margaret Horsburgh's research has captured, with the help of a dedicated team of former nurses, this unique part of New Zealand health history. From the opening chapters the reader is drawn into the life of the hospital in such a way that even if the reader hasn't worked there they will still find it very interesting. One can't help but feel proud of their dedication and achievements in the face of enormous obstacles.

Greenlane nurses have left a legacy of professionalism and commitment to excellence; the stories bear witness to this, and the impact they made within the team and the public they came in contact with is still significant today. It also provides a unique insight into how health reforms through the decades impacted nursing and in turn how nursing helped influence some of these changes. This book makes history come alive and is a must for anybody who has had any association to Greenlane Hospital over the years.

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