

## 1 Editorials

### From the Editor

- 1 Biology and culture  
*S. Dovey*

### Guest editorial

- 3 Equity in sexual and reproductive health – an ongoing challenge  
*D. Miller*

### Viewpoints

- 5 A proposed Primary Health Early Warning Score (PHEWS) with emphasis on early detection of sepsis in the elderly  
*I. Anderson*
- 9 New Zealand needs a Practice Based Research Network  
*S. Leitch*

## 13 Original Scientific Papers

### Original research

- 13 New Zealand women's experience during their first year of Jadelle® contraceptive implant  
*C. Roke, H. Roberts, A. Whitehead*

### Systematic review

- 20 International sore throat guidelines and international medical graduates: a mixed methods systematic review  
*K. J. Hoare, E. Ward, B. Arroll*

### Original research: Short report

- 30 Sunscreen compliance with regional clinical practice guidelines and product labelling standards in New Zealand  
*M. E. Sporer, J. E. Mathy, J. Kenealy, J. A. Mathy*

### Original research

- 35 Stakeholder views on factors influencing the wellbeing and health sector engagement of young Asian New Zealanders  
*R. Peiris-John, A. Wong, A. Sobrun-Maharaj, S. Ameratunga*

### Improving performance

- 44 Shoulder pain in primary care: frozen shoulder  
*A. Cadogan, K. D. Mohammed*

### Pounamu: Research

- 52 E Hine: access to contraception for indigenous Māori teenage mothers  
*B. Lawton B, C. Makowharemahihi, F. Cram, B. Robson, T. Ngata*

### Pounamu: Research

- 60 Integration of kaupapa Māori concepts in health research: a way forward for Māori cardiovascular health?  
*A. K. Rolleston, R. Doughty, K. Poppe*

### Vaikoloa: Research

- 67 Understanding depression in Tokelauan people in New Zealand  
*I. Loan, W. Cunningham, C. Jaye*

### Ethics: Research

- 75 Ethics support for GPs: what should it look like?  
*M. Clark-Grill*

## 82 Continuing Professional Development

### Cochrane Corner

- 82 Will increasing the amount of fibre in your diet help prevent cardiovascular disease?  
*V. Jordan*

### Nuggets of Knowledge

- 83 COPD – targeting the use of inhaled corticosteroids  
*L. Bryant*

## 86 Letters to the Editor

- 86 Ageing positively  
*T. Ong*

## 87 Book Review

- 87 *Not Our Problem* – Ian Cowan  
*Reviewed by Susan Dovey*