

Editorial

- The rise of e-cigarettes: implications for health promotion 79
*Jonine Jancey, Colin Binns, James A. Smith, Bruce Maycock
and Peter Howat*

Nutrition

- How big is a food portion? A pilot study in Australian families 83
*Clare E. Collins, Tamara Bucher, Aimee Taylor, Kristine Pezdirc,
Hannah Lucas, Jane Watson, Megan Rollo, Kerith Duncanson,
Melinda J. Hutchesson and Tracy Burrows*

- Improvement in primary school adherence to the NSW
Healthy School Canteen Strategy in 2007 and 2010 89
*Anne Hills, Nicole Nathan, Keira Robinson, Danushka Fox
and Luke Wolfenden*

Physical Activity and Nutrition

- Assessing the real world effectiveness of the Healthy Eating
Activity and Lifestyle (HEAL™) program 93
Sharon A. Hetherington, Jerrad A. Borodzicz and Cecilia M. Shing

Physical Activity

- Environmental barriers and enablers to physical activity
participation among rural adults: a qualitative study 99
*Verity Cleland, Clarissa Hughes, Lukar Thornton, Kathryn Squibb,
Alison Venn and Kylie Ball*

- Physical activity and sedentary behaviour among Asian
and Anglo-Australian adolescents 105
Claudia Strugnell, Andre M. N. Renzaho, Kate Ridley and Cate Burns

Health Needs and Behaviours

- The motivation and actions of Australians concerning brain
health and dementia risk reduction 115
Ben J. Smith, Suha Ali and Henry Quach

- Familial risk for lifestyle-related chronic diseases: can family
health history be used as a motivational tool to promote
health behaviour in young adults? 122
I. Prichard, A. Lee, A. D. Hutchinson and C. Wilson

- Effect of an obesity pamphlet on parental perception and
knowledge of excess weight in their children: results
of a randomised controlled trial 129
Karina T. Rune, Kate Mulgrew, Rachael Sharman and Geoff P. Lovell

Men's Health

- Men's Sheds function and philosophy: towards a framework
for future research and men's health promotion 133
*Nathan J. Wilson, Reinie Cordier, Kenji Doma, Gary Misan
and Sharmila Vaz*

Editorial Office

Articles for submission to the *Health Promotion Journal of Australia* are to be submitted via ScholarOne, Go to <http://mc.manuscriptcentral.com/hpja> to find the link with the instructions. Guidelines for authors are available in each Issue of the Journal and online at <http://www.publish.csiro.au/journals/hpja>

Worksite Health Promotion

- Does a corporate worksite physical activity program reach those who are inactive? Findings from an evaluation of the Global Corporate Challenge 142
Rona Macniven, Lina Engelen, Mia J. Kacen and Adrian Bauman

Health-promoting Schools

- 'Kids in the Kitchen' impact evaluation: engaging primary school students in preparing fruit and vegetables for their own consumption 146
Barbara Ritchie, Lily O'Hara and Jane Taylor

Indigenous Health Promotion

- Culturally appropriate flipcharts improve the knowledge of common respiratory conditions among Northern Territory Indigenous families 150
Clare C. McKay, Anne B. Chang, Lesley A. Versteegh and Gabrielle B. McCallum

Public Policy

- Perceptions of the solarium ban in Australia: 'Fake it, don't bake it' 154
Ivanka Prichard, Suzanne Dobbins, Carlene Wilson, Amanda D. Hutchinson, Joanne Rayner and Jen Makin

Letters

- Local government capacity to deliver health promotion initiatives: a case study 159
Gwyn Jolley and Elsa Barton
- Let's not forget climate change in the food insecurity conversation: why the homeless are most vulnerable 161
Sharon Campbell
- Confusion surrounds physical activity prescription for pregnant women 163
Melanie Hayman, Camille Short, Robert Stanton and Peter Reaburn
-