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Supplementary Material

What do parents think about child's routine height and weight measures? A qualitative study

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Interview Guide

1. What's your highest level of education?
2. What country were you born in?
3. Do you recall your child having their height and weight measurements are taken when they visited a health service in SWSLHD?
Probes: If the answer is no, remind the parent where the measurement took place. If they still do not remember or their parent not present at the time of measurement, proceed to question 5
4. Can you remember where the measurement was taken?
Probes:
 - How private was the space that the measurements were taken in? If not private, ask if this bothered them
 - Can you remember which health professional took the measurements?
5. How did you feel about having your child measured?
Probe:
 - Were you surprised/pleased/offended that your child's height and weight were measured?
 - Why did you feel like that?
6. What did the health professional say about your child's BMI results?
Probe: how did you feel about the way they discussed it. – why did you feel like that...
7. Before your child had height and weight measured, did you think your child's weight was underweight, about right, or overweight?
8. Did having your child's height and weight measured change your view?
9. Has any other health professional discussed your child's weight before?
Probe: who discussed this with you (eg, GP, paediatrician, nurse etc)?
10. What information were you given about healthy habits like eating, exercise, and sleep?
Probe: Was it verbal only, written only or both, was it helpful)?
11. What would be the most useful thing HCP could do or say to address a child's weight?
12. What would be the least useful thing HCP could do or say to address a child's weight?
13. What else do you need from HCP's in order to help improve your child's eating and exercise habits?
14. What changes have you attempted to make to your child's lifestyle since that measurement? How successful have you been?
15. Where you referred to anyone to help you with your child's weight and exercise?
16. That's the end of my questions thank you for your time is there anything else you would like to say that we may not cover already.

COREQ (COnsolidated criteria for REporting Qualitative research) Checklist

A checklist of items that should be included in reports of qualitative research. You must report the page number in your manuscript where you consider each of the items listed in this checklist. If you have not included this information, either revise your manuscript accordingly before submitting or note N/A.

Topic	Item No.	Guide Questions/Description	Reported on Page No.
Domain 1: Research team and reflexivity			
<i>Personal characteristics</i>			
Interviewer/facilitator	1	Which author/s conducted the interview or focus group?	
Credentials	2	What were the researcher's credentials? E.g. PhD, MD	
Occupation	3	What was their occupation at the time of the study?	
Gender	4	Was the researcher male or female?	
Experience and training	5	What experience or training did the researcher have?	
<i>Relationship with participants</i>			
Relationship established	6	Was a relationship established prior to study commencement?	
Participant knowledge of the interviewer	7	What did the participants know about the researcher? e.g. personal goals, reasons for doing the research	
Interviewer characteristics	8	What characteristics were reported about the interviewer/facilitator? e.g. Bias, assumptions, reasons and interests in the research topic	
Domain 2: Study design			
<i>Theoretical framework</i>			
Methodological orientation and Theory	9	What methodological orientation was stated to underpin the study? e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis	
<i>Participant selection</i>			
Sampling	10	How were participants selected? e.g. purposive, convenience, consecutive, snowball	
Method of approach	11	How were participants approached? e.g. face-to-face, telephone, mail, email	
Sample size	12	How many participants were in the study?	
Non-participation	13	How many people refused to participate or dropped out? Reasons?	
<i>Setting</i>			
Setting of data collection	14	Where was the data collected? e.g. home, clinic, workplace	
Presence of non-participants	15	Was anyone else present besides the participants and researchers?	
Description of sample	16	What are the important characteristics of the sample? e.g. demographic data, date	
<i>Data collection</i>			
Interview guide	17	Were questions, prompts, guides provided by the authors? Was it pilot tested?	
Repeat interviews	18	Were repeat interviews carried out? If yes, how many?	
Audio/visual recording	19	Did the research use audio or visual recording to collect the data?	
Field notes	20	Were field notes made during and/or after the interview or focus group?	
Duration	21	What was the duration of the interviews or focus group?	
Data saturation	22	Was data saturation discussed?	
Transcripts returned	23	Were transcripts returned to participants for comment and/or	

Topic	Item No.	Guide Questions/Description	Reported on Page No.
		correction?	
Domain 3: analysis and findings			
<i>Data analysis</i>			
Number of data coders	24	How many data coders coded the data?	
Description of the coding tree	25	Did authors provide a description of the coding tree?	
Derivation of themes	26	Were themes identified in advance or derived from the data?	
Software	27	What software, if applicable, was used to manage the data?	
Participant checking	28	Did participants provide feedback on the findings?	
<i>Reporting</i>			
Quotations presented	29	Were participant quotations presented to illustrate the themes/findings? Was each quotation identified? e.g. participant number	
Data and findings consistent	30	Was there consistency between the data presented and the findings?	
Clarity of major themes	31	Were major themes clearly presented in the findings?	
Clarity of minor themes	32	Is there a description of diverse cases or discussion of minor themes?	

Developed from: Tong A, Sainsbury P, Craig J. Consolidated criteria for reporting qualitative research (COREQ): a 32-item checklist for interviews and focus groups. *International Journal for Quality in Health Care*. 2007. Volume 19, Number 6: pp. 349 – 357

Once you have completed this checklist, please save a copy and upload it as part of your submission. DO NOT include this checklist as part of the main manuscript document. It must be uploaded as a separate file.