

# Spermiation response to exogenous hormone therapy in hibernated and non-hibernated boreal toads (*Anaxyrus boreas boreas*)

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## ABSTRACT

Conservation programs for threatened high-elevation amphibian species rely on hibernation to trigger appropriate male reproductive behaviours and gametogenesis. Although common practice and anecdotal observations have supported the practice of hibernation, there is limited empirical evidence documenting the effects on reproduction in these species. In this study, the effect of hibernation on sperm quantity and quality was evaluated for the alpine species *Anaxyrus boreas boreas*. Hibernated ( $n = 19$ ) and non-hibernated ( $n = 21$ ) male toads were administered  $10 \text{ IU g}^{-1}$  body weight (BW) human chorionic gonadotropin (hCG) and spermic urine was collected over 24 h. Hibernation had no effect on the number of males undergoing spermatogenesis, but hibernated males produced sperm in higher concentrations. Sperm quality was measured in terms of total motility, forward progressive motility and quality of forward progression. Although there was no difference in the total sperm motility of samples from hibernated and non-hibernated toads, the percentage of sperm exhibiting forward progressive motility and the quality of forward progression was significantly greater from hibernated toads. These results support our hypothesis that hibernation impacts both sperm quantity and quality in male boreal toads. This study will better inform captive breeding management decisions for threatened alpine species, in imminent danger of extinction.

**Keywords:** alpine-species, anuran, assisted-reproduction, brumation, chorionic gonadotropin, hormone, over-wintering, spermatogenesis.

## Introduction

Amphibian reproductive cues are strongly influenced by abiotic factors such as temperature, rainfall, snowmelt, humidity, photoperiod, barometric pressure and food availability (Corn 2005; Brizzi and Corti 2006; Mann *et al.* 2010; Rastogi *et al.* 2011). In particular, temperature has a major influence on reproductive patterns of high-elevation anuran species inhabiting seasonally extreme environments (Duellman and Trueb 1994; Rastogi *et al.* 2011). For example, wide swings in temperature extremes tend to influence annual migration between breeding and hibernating habitats (Hartel *et al.* 2007; Rastogi *et al.* 2011). In order to survive long periods of freezing temperatures, high-elevation anurans require a period of dormancy to circumvent limited food availability and reduce the energetic costs of maintaining their body temperature to avoid freezing (Pinder *et al.* 1992; Storey and Storey 1992; Storey 2000). This period of dormancy involves overwintering in a hibernacula below the frost-line.

One iconic alpine sub-species that hibernates for long periods of time is the southern Rocky Mountain boreal toad (*Anaxyrus boreas boreas*), which is the eastern clade of the more common western toad (*Anaxyrus boreas*). The boreal toad is the only high-elevation anuran species inhabiting the alpine and subalpine regions of the Rocky Mountains between 2300 and 2700 m and spends up to 8 months in hibernation, emerging from winter refugia to breed between May and July (Hammerson 1999; Loeffler *et al.* 2001). The boreal toad is currently a target species for restoration efforts since dramatic population declines have occurred

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at many breeding sites throughout its range due to chytrid fungus, habitat loss and inadequate regulatory mechanisms (Carey 1993). As part of its recovery efforts, the Colorado Parks and Wildlife division maintains over 600 adult animals as an insurance population for reintroduction efforts. All of the animals are located at the Colorado Native Aquatic Species Restoration Facility (NASRF). To mimic the natural life history traits, the entire colony undergoes approximately 5-months of indoor artificial hibernation prior to seasonal breeding operations. Currently, reproductive output is low, generating an insufficient number of animals to sustain the reintroduction program, while maintaining sustainability goals. Anecdotal reports attribute the low reproductive output to lack of amplexus by males, few females laying eggs, low egg numbers, poor fertilization rates and high mortality of embryos/neurulas in early stage development. In light of these observations, questions have arisen as to whether something is missing (e.g. one or more abiotic cues) from the artificial hibernacula compared to what is present in nature or if hibernation could be eliminated altogether and replaced with exogenous hormone treatments to control reproductive events.

Hibernation and environmental constraints for reintroduction with high alpine amphibian species can limit the window of opportunity for breeding with very little chance to repeat mating attempts within a season. If this period of dormancy can be circumvented or possibly reduced through the use of exogenous hormone stimulation for gamete production, the breeding window of seasonal species could potentially be extended and reproductive output increased. Maintaining a colony in an active state also eliminates the risk of hibernation-associated mortality and chronologically advances maturity. Hibernation can affect both the immune system and the gastrointestinal bacterial fauna, resulting in immuno-suppressed individuals with an increased susceptibility to infectious disease (Wright and Whitaker 2001). Furthermore, indoor simulated hibernation requires reliable refrigerators and regular monitoring to avoid desiccation, which can result in mortality (Wright and Whitaker 2001). Although there is some risk involved in creating an artificial hibernation environment in captivity, reproductive behaviours are strongly predicated upon hibernation for many temperate high elevation anuran species. Yet, few studies have investigated the impact of hibernation under controlled laboratory settings. Several studies have shown that hibernation impacts male amplexus in boreal toads (Roth *et al.* 2010), ovulation in female boreal toads (Calatayud *et al.* 2015) and vocal advertisement signalling, female receptivity, amplexus, and oviposition in mountain yellow-legged frogs (*Rana muscosa*) (Santana *et al.* 2015).

At NASRF, the boreal toad breeding colony loses an average of 20 individuals per year through hibernation, which equates to around 3% of the colony [T. Smith, pers. comm.] and Roth *et al.* (2010) reported two mortalities out of 200 hibernated boreal toads in their study. In large breeding populations,

such a loss might be negligible but could pose a serious threat to small captive colonies. As such, breeding facilities may be disinclined to employ hibernation techniques that could potentially have serious consequences for small or rare populations. Therefore, in some circumstances it might be advantageous to avoid hibernation if there is no clear effect on reproductive output. Since hibernation is thought to play an important role in gonadal development and gamete maturity in amphibians (Tsai 2011), further investigation of its importance and whether hibernation could be circumvented while maintaining reproductive output, or lower mortality, is of great interest to conservation biologists. Several studies have begun evaluating the impacts of hibernation on male (Roth *et al.* 2010) or female (Roth *et al.* 2010; Calatayud *et al.* 2015) reproductive performance in the boreal toads to assess whether hibernation was needed, or could be modified, for breeding purposes. While the Roth *et al.* (2010) study established a good starting foundation for the effect of hibernation on male breeding behaviours, no sperm quantity or quality metrics were reported between hibernated and non-hibernated toads.

We hypothesised that if hibernation serves an important function in steroidogenesis and gametogenesis in male boreal toads, sperm quantity and quality would be higher in hibernated males than non-hibernated males. To test this hypothesis, we used human chorionic gonadotropin (hCG), previously shown to stimulate sperm production in this species (Langhorne *et al.* 2021), to collect spermic urine from hibernated and non-hibernated males. The goals of this study were to evaluate the following parameters between the two treatment groups including: (1) percentage of males producing sperm; (2) sperm concentration; (3) sperm motility; and (4) quality of sperm forward progression. Results from this study will clarify the importance of hibernation on spermatogenesis in this alpine species and will help inform captive breeding efforts so that they can weigh the risk vs reward of employing such strategies in their programs.

## Materials and methods

### Animals and treatment groups

All adult male boreal toads originated from egg masses collected in the southern Rocky Mountains or were captive reared at NASRF. Non-hibernated male toads ( $n = 21$ ; 6–12 years old) were transferred from NASRF to Mississippi State University (MSU) and several hibernated males ( $n = 19$ ; 6–14 years old) were maintained at NASRF for comparison purposes. Toads received at MSU were not hibernated for the subsequent breeding seasons, while toads maintained at NASRF remained on their annual hibernation regimen.

The MSU colony of non-hibernated boreal toads were housed in ventilated polycarbonate containers (30 cm × 46 cm × 66 cm) with access to water and shelter. Toads were

maintained between 20 and 23°C and provided with standard fluorescent lights on a seasonal light cycle. Husbandry practices and environmental stimuli (light and temperature) for the MSU non-hibernated toads were similar to conditions for the NASRF toads (description below) when not in hibernation, with the exception of the enclosure size and water source (aged tap water vs well water). Single-sex groups of 4–5 individuals were housed per container with refugia and offered a variety of food items including crickets, wax worms, and mealworms, three times per week. Crickets were fed a Repashy SuperLoad nutrient-dense supplement (Repashy Ventures Inc., CA, USA) and dusted with Reptivite powder (ZooMed Laboratories, Inc., Costa Mesa, CA, USA) to prevent malnutrition, prior to being fed out. The average weight and snout vent length (SVL) of non-hibernated male boreal toads was  $35.1 \pm 0.9$  g and  $61.6 \pm 0.7$  mm, respectively.

The NASRF colony of hibernated boreal toads were housed indoors and maintained on a natural light cycle in large fiberglass tanks (121 cm × 60 cm × 30 cm) with a continuous supply of fresh well water. Toads were fed a variety of prey items three times per week, including gutloaded (BugBurger, Allen's Repashy, La Jolla, CA, USA) crickets, mealworms, red-wiggler worms and waxworms. Crickets were dusted with Reptivite powder (ZooMed Laboratories, Inc., Costa Mesa, CA, USA) prior to being fed out. In December, toads were allocated 4–5/tub into ventilated plastic containers (33 cm × 13 cm × 15 cm) with a substrate of sand and sphagnum moss and placed into a refrigerator cabinet (Foster refrigerator, Corp., Hudson, NY, USA). Hibernacula temperatures ranged from 2 to 6°C. The toads were removed from hibernation 5 months later in May. The average weight and snout vent length (SVL) of hibernated male boreal toads was  $47.9 \pm 2.5$  g and  $64.1 \pm 1.1$  mm, respectively. The morphometric measurements for hibernated toads reflect variables collected after hibernation, not prior to. All animal procedures were conducted following review and approval by the Mississippi State University Institutional Animal Care and Use Committee (IACUC #10-082).

### Sperm quality and quantity between hibernated and non-hibernated toads

The goal of this study was to compare sperm quantity and quality between the two treatment groups, non-hibernated ( $n = 21$ ) and hibernated ( $n = 19$ ) male boreal toads, following exogenous hormone therapy. Boreal toads from the two treatment groups were administered an intra-peritoneal injection of 10 IU g<sup>-1</sup> body weight (BW) human chorionic gonadotropin (hCG), previously found to be the optimal concentration for sperm production in this species (Langhorne *et al.* 2021). Urine samples were collected and analysed for the presence of sperm as described below. If sperm was present in a given sample at a given time-point, the individual was classified as a 'responder'. Individuals not producing sperm at a given time-point were classified as 'non-responders' and were not included in any subsequent analysis. The percentage

of animals that responded was then compared between non-hibernated and hibernated males.

For the duration of the hormone trial, male boreal toads were maintained in plastic containers (35 cm × 20 cm × 13 cm) holding aged tap water (2 cm depth) to ensure continuous urine production. Prior to hormone administration, toad weight and snout-vent length (SVL) were recorded and an initial urine sample ( $T_0$ ) was obtained from each toad to determine the presence or absence of sperm. To collect urine, males were gently removed from their holding containers and held above a 150 mm Petri dish, spreading the hind limbs apart by the thumb and index finger, until urination occurred (usually within 1 min).

Spermic urine was collected at 2, 3, 5, 7, 9, 12 and 24 h post-hormone administration (PA). Samples were analysed immediately post-collection by placing a 10 µL aliquot of spermic urine onto a glass slide under 400X objective on an Olympus CX41 phase-contrast microscope and counting 100 random spermatozoa for motility analysis, which is reported as a percent. Spermic urine variables measured included volume, percent sperm showing Forward Progressive Motility (FPM, proportion of sperm exhibiting forward motion), percent sperm showing Non-Progressive Motility (NPM, proportion of sperm exhibiting flagellar motion but are not moving forward), Quality of Forward Progressive Movement ([QFPM], a subjective scale from 0 (no movement) to 5 (very rapid forward movement)) and Total Motility (TM = FPM + NPM), as previously described for other bufonid species (Browne *et al.* 2006; Kouba *et al.* 2012; McDonough *et al.* 2016). Sperm concentration was measured by inactivating motility in a 1:10 dilution of PBS and counting on a Neubauer haemocytometer to obtain an average sperm concentration mL<sup>-1</sup>.

### Statistical analysis

Assumptions of normality and homogeneity of variance were tested using the Shapiro–Wilk and Levene's tests, respectively. Body parameters (weight and SVL) and the number of male responders were compared between hibernated and non-hibernated groups using an independent samples *t*-test. Sperm parameters (Concentration, % Total Motility [%TM], % Forward Progressive Motility [%FPM] and Quality of FPM [QFPM]) were compared between hibernated and non-hibernated toads by a two-way repeated measures analysis of variance (ANOVA) using the General Linear Model procedure (GLM). A split-plot model was used to analyse the effect of hibernation on spermiation response across time (0, 2, 3, 5, 7, 9, 12 and 24 h PA) where time was the main plot factor and treatment (hibernation, non-hibernation) the sub-plot factor. Within the model, treatment and time were fixed factors, and sperm parameters (Concentration, %TM, %FPM and QFPM) were dependent factors. 'Individual toad' was nested within treatment to remove variation among individuals from the error term. Significant main effects were explored using Tukey–Kramer Honestly Significant Difference

(HSD) *post hoc* tests. Percentage data were arcsine transformed using the transformation  $\sin^{-1}(\sqrt{x})$  before further analysis. All values are expressed as mean  $\pm$  s.e.m. and significance was established at  $P \leq 0.05$ . All statistical analysis was performed in SAS Ver. 9.4 (Cary, NC, USA).

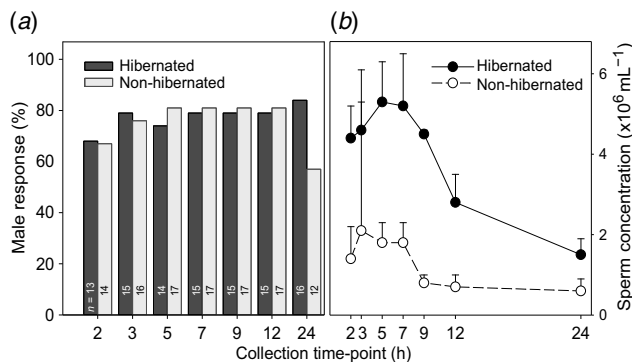
## Results

### Morphometrics

Male boreal toads that underwent a period of hibernation prior to exogenous hormone stimulation weighed significantly more ( $t_{23} = 4.30$ ;  $P < 0.001$ ) than non-hibernated toads ( $47.9 \pm 2.5$  g vs  $35.1 \pm 0.9$ , respectively). In contrast, mean SVL did not significantly differ ( $P = 0.12$ ) between the hibernated and non-hibernated groups ( $64.1 \pm 1.1$  mm and  $61.5 \pm 0.7$  mm, respectively).

### Spermiation response

Urine samples were successfully collected from all of the males at each collection time-point (2, 3, 5, 7, 9, 12 and 24 h PA) for evaluation. All urine samples collected prior to hormone treatment ( $T_0$ ) were aspermic. A spermiation response was induced in  $>60\%$  of males in both the hibernated and non-hibernated groups, beginning as early as 2 h post-hormone administration. There was no significant difference ( $t_{38} = 4.90$ ;  $P > 0.05$ ) in the number of males responding to hormone treatment between hibernated and non-hibernated toads (Fig. 1a). The spermiation response remained between 74 and 84% of males across the collection periods, regardless of treatment, with the exception of a decrease to 57% in non-hibernated males at the 24 h collection period (Fig. 1a).



**Fig. 1.** Spermiation response (panel a) and sperm concentration (panel b) of hibernated ( $n = 19$ ) and non-hibernated ( $n = 21$ ) male boreal toads at each collection time-point following exogenous hormone administration of 10 IU/g BW of hCG. The number of responders between groups at each time point is located within the bar graph. Values are expressed as means of the total number of male responders exhibiting motile sperm in each treatment group for each collection time-point  $\pm$  s.e.m.

Overall, hibernation did not impact the percentage of animals producing sperm in response to hCG.

### Sperm concentration

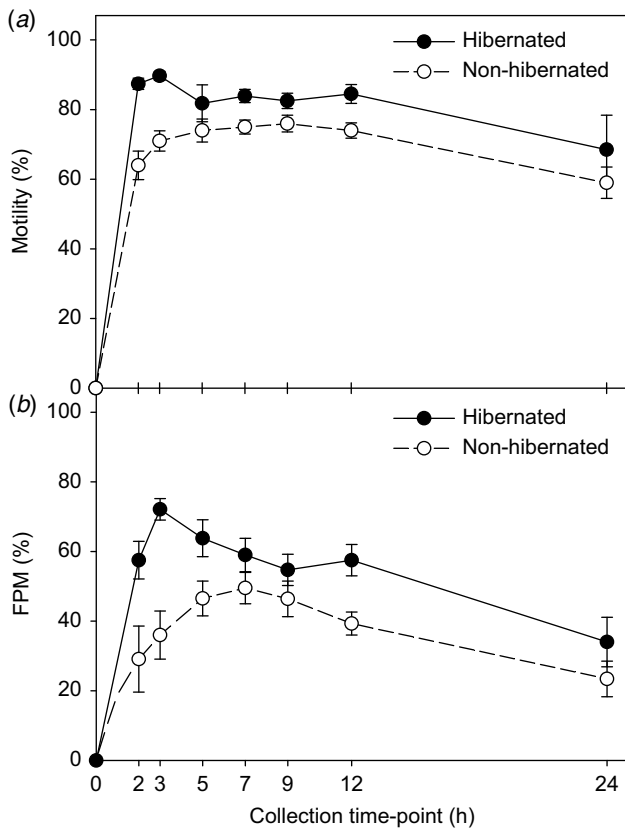
Sperm concentration of male boreal toads was significantly higher ( $F_{1,161} = 49.6$ ;  $P < 0.001$ ) in the hibernated male toad group, compared to the non-hibernated male group at all time points (Fig. 1b). Furthermore, sperm concentration varied according to different time-points following hCG administration within treatment ( $F_{6,161} = 3.81$ ;  $P < 0.001$ ). For example, sperm production was significantly higher ( $P < 0.001$ ; Tukey's HSD) in hibernated males between 2 and 9 h post-administration than at the two later collection time-points of 12 and 24 h (Fig. 1b). Peak sperm concentrations ranged from  $4.3$  to  $5.2 \times 10^6 \text{ mL}^{-1}$  for hibernated toads compared to  $1.5$ – $1.8 \times 10^6 \text{ mL}^{-1}$ , for non-hibernated toads. Sperm production was significantly depleted ( $P < 0.05$ ) by the 24 h collection period with  $0.6 \pm 0.3 \times 10^6 \text{ mL}^{-1}$  and  $1.7 \pm 0.5 \times 10^6 \text{ mL}^{-1}$  for both non-hibernated and hibernated toads, respectively (Fig. 1b). There was no significant treatment by time interaction with regards to sperm concentration ( $F_{6,161} = 1.07$ ;  $P = 0.38$ ), indicating that the direction and general spermiation profile between both groups did not differ across time, even though concentration was higher in hibernated animals (Fig. 1b). Thus, although there was no difference in the number of animals spermiating or production profile over time, there was a significantly higher concentration of sperm produced when male toads were hibernated.

### Sperm quality metrics

Fig. 2a shows that the general pattern of sperm total motility remained relatively constant over the 24 h collection period, ranging between 87.4 and 89.7% in hibernated toads and 59–76% in the non-hibernated toads. There was no significant difference ( $F_{6,131} = 1.48$ ;  $P = 0.22$ ) in the proportion of motile sperm released by hibernated and non-hibernated toads and no treatment by time interaction was observed ( $F_{6,131} = 1.11$ ;  $P = 0.35$ ). However, there was a significant effect of time ( $F_{6,131} = 3.11$ ;  $P < 0.01$ ), with higher proportions of motile sperm between 3 and 12 h following hCG administration, compared to the 24 h time point ( $P < 0.05$ ; Tukey's HSD).

Fig. 2b shows the proportion of FPM sperm released by hibernated and non-hibernated males over 24 h in response to hormone treatment. There was a significant treatment by time interaction ( $F_{6,127} = 3.43$ ;  $P < 0.01$ ), indicating that the proportion of forward motile spermatozoa and direction of response varied over the 24 h collection period between the hibernated and non-hibernated toad groups. Specifically, sperm FPM within the hibernated male group was significantly higher ( $P < 0.001$ ; Tukey's HSD) across all collection time-points, with the exception of the 24 h period. FPM in the hibernated group peaked at 3 h following hCG administration, with  $72 \pm 3.1\%$  of sperm exhibiting forward motility

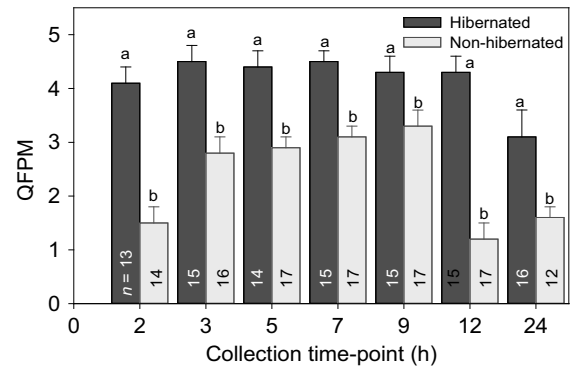




**Fig. 2.** Mean percentage of total motility (a) and forward progressive motility (b) of spermatozoa released by hibernated and non-hibernated male boreal toads at each collection time-point following exogenous hormone administration of  $10 \text{ IU g}^{-1}$  hCG. See Fig. 1a for number of responders between groups at each time point. Values are expressed as untransformed means of the total number of male responders exhibiting motile sperm in each treatment group at each collection time-point  $\pm$  s.e.m.

(Fig. 2b). Furthermore, the proportion of FPM steadily decreased over time in hibernated toads from 72% at 3 h, 57% at 9 h, and finally to 34% by 24 h following hCG administration. In contrast, sperm collected from non-hibernated males was significantly lower and demonstrated a different pattern across time. FPM steadily increased between 2 and 7 h post-hormone administration with a peak of  $49 \pm 4.5\%$  at 7 h (Fig. 2b). Subsequently, FPM steadily decreased by 24 h with a final rate of  $23 \pm 5.1\%$  FPM.

Consistent with sperm FPM, there was also an overall interaction effect of treatment  $\times$  time ( $F_{6,127} = 2.15$ ;  $P = 0.05$ ) in the sperm QFPM released by hibernated and non-hibernated males (Fig. 3). Overall, hibernated male toads produced significantly ( $P < 0.05$ ; Tukey's HSD) more vigorous forward sperm movement with differences reflected at specific collection time points. For example, higher ( $P < 0.05$ ; Tukey's HSD) quality sperm movement was observed between 3 and 9 h following hCG administration in



**Fig. 3.** Quality of forward progressive motility (QFPM) of spermatozoa released by hibernated and non-hibernated male boreal toads at each collection time-point following exogenous hormone administration of  $10 \text{ IU g}^{-1}$  hCG. The number of responders between groups at each time point is located within the bar graph. QFPM of hibernated males was significantly higher than that of non-hibernated toads ( $P < 0.05$ ) across the entire 24 h collection period. Values are expressed as means of the total number of male responders exhibiting motile sperm in each treatment group at each collection time-point  $\pm$  s.e.m.

non-hibernated toads compared to the 2, 12 or 24 h collection times; whereas, the 2–12 h time period in hibernated toads produced similar movement patterns (Fig. 3). The QFPM ranged between 1.2 and 3.3 in the non-hibernated males, yet was much higher in the hibernated toads, ranging from 3.1 to 4.5.

## Discussion

For high-elevation anurans, hibernation serves as a means to avoid challenges related to prolonged extreme cold and may also have an influential role in reproductive function (Tsai 2011). Unfortunately, there is little information on the underlying physiological mechanisms that occur during anuran hibernation for most species. Understanding life-history traits of high elevation anuran species under extreme thermal regimes will be paramount, as many appear to be more susceptible to the zoonotic disease chytrid fungus (Stevenson *et al.* 2020) and may require conservation management or breeding programs. Our hypothesis that hibernation serves an important function in gametogenesis in male boreal toads, appears to have been partially borne out with observed increases in sperm quantity and some metrics of higher sperm quality in hibernated males than non-hibernated males. However, the percentage of animals producing sperm was not different, nor was the overall total sperm motility. The general concept of whether hormone therapy of non-hibernated toads could be used to circumvent natural reproductive cues for the stimulation of spermatogenesis was supported; although sperm concentration and forward progression was lower in

non-hibernated toads. These results build on previous work showing hibernated male boreal toads displayed stronger reproductive behaviours (i.e. amplexus) than non-hibernated males (Roth *et al.* 2010).

Interestingly, the percentage of hibernated and non-hibernated males responding to hormone therapy was similar (~80%) across all time points, except for the 24 h sample. This population response, regardless of treatment, suggests that about 20% of the males will not produce sperm following hormone administration with hCG. Thus, artificial hibernation did not increase the responsiveness to hormone therapy over that of non-hibernated males. Previous work by Langhorne *et al.* (2021) on determining the optimal concentration of hCG to administer for spermiation in non-hibernated boreal toads showed that higher concentrations than administered here (15 vs 10 IU g/BW hCG) did not result in more animals spermiating. Hence, increasing the concentration of hormone presumably would not have produced a different response. We are uncertain why a small percentage of males do not spermiate in response to hCG administration. Similar to these results, work by Roth *et al.* (2010) found there was no difference in the percentage of male boreal toads undergoing spermiation regardless of hibernation or not, using gonadotropin releasing hormone (GnRH). Roth *et al.* (2010) found that overall 72% (26/36) of hormone treated animals produced sperm, on par with the 74–84% of males producing sperm using hCG in this study. Several potential speculative reasons why not all males produce sperm include: (1) a mis-match of the artificial hibernation and natural environmental conditions; (2) reproductive dysfunction in some proportion of the population; (3) in-breeding related suppression of reproductive potential; (4) individual variation in response to hormones; and or (5) neuro-endocrine blocking mechanisms.

While the percentage of males spermiating was similar between treatment groups, hibernation appeared to significantly increase sperm concentration. Hibernated toads at peak production yielded nearly four times the concentration of sperm released by non-hibernated toads ( $5.3$  vs  $1.5 \times 10^6$  mL<sup>-1</sup>). Previous work on male hibernated NASRF boreal toads induced to spermiate through hormone therapy 3 months after removal from hibernation (mid-August), showed a sperm concentration profile over time about half way between the two treatment groups studied here (Kouba and Vance 2009). Although the sperm concentration was lower at all respective time points for this hibernated group, compared to males that were only a couple weeks out of hibernation, the sperm concentrations were still higher than non-hibernated males. Hence, the benefits of hibernation on sperm concentration may decline the further animals are away from emergence and would need to be investigated. Although the absolute sperm concentration was very different between hibernated and non-hibernated males, the temporal patterns were very similar, suggesting that gamete production, release, and decline follow a conserved physiological pattern. Whereas, the magnitude of sperm production appears to be

strongly influenced by environmental cues, one of which might have been temperature. These results suggest that a period of hibernation is beneficial for overall sperm production, which may impact fertilisation success. When the goal is to collect sperm for *in vitro* fertilisation or biobanking, having higher concentrations of sperm is beneficial, both for establishing long-term storage and for optimising sperm–egg ratios known to be important for optimal fertilisation rates.

Male toads are physiologically primed for breeding in response to environmental variables that cue emergence from hibernation (Lofts 1964). Consequently, the absence of certain environmental stimuli on non-hibernated males may disrupt the natural pattern of spermatogenic activity, resulting in overall reduced sperm production. The boreal toad is a discontinuous breeder and, as with other temperate seasonal reproducing species, spermatogenesis likely occurs directly following the breeding season. Spermatogenesis would be complete prior to the next season's hibernation event, whereby immature sperm are stored in the seminiferous tubules until emergence, when final maturation is completed (Duellman and Trueb 1994; Rastogi *et al.* 2011). The amplitude of the annual testicular cycle is greatest in anurans with discontinuous cycles, in contrast to species with continuous spermatogenic cycles (i.e. tropical species) that show no signs of seasonal fluctuations (Lofts 1964). Thus, the amplitude change in sperm production between our two treatment groups may be explained by the evolutionary processes of sperm production in high altitudinal species relative to hibernation.

The impact of hibernation on sperm quality was mixed, with very little impact on total motility, although FPM was very different between the two groups. Thus, if a sperm sample was collected, regardless of treatment, motility was fairly high (~75–80%) and similar for both groups. The only impact on motility was a slight decrease in both treatment groups at the 24 h time point, which led to an effect of time. While direct comparisons of sperm motility between hibernated and non-hibernated males are unavailable for other species, there are examples where motility was evaluated comparing different hormone treatments (Byrne and Silla 2010; Kouba *et al.* 2012; Silla *et al.* 2020; Langhorne *et al.* 2021). These studies all show similar results on sperm motility parameters, such that if a sample was collected, regardless of treatment, motility was typically high and not impacted by specific variations in hormone therapy or environmental cues. In contrast to sperm total motility, both FPM and QFPM were significantly higher in samples collected from hibernated males. The difference in sperm forward progression may be relevant to flagellum maturation and energy stores in the mitochondria during spermatogenesis. ATP accumulation in the axenome during spermatogenesis is required for strong forward movement in aquatic species including fish and amphibians (Bondarenko and Cosson 2019). If non-hibernated toads are kept active year-round, the testes could potentially contain a heterogeneous mixture of sperm cells at varying stages of

development. The different levels of maturation in sperm cells, and thus ATP accumulation, might explain the significantly reduced sperm forward progressive motility observed in non-hibernated male toads. If hormonally-induced sperm, obtained from non-hibernated males, has a mixed proportion of mature and immature cells, then a period of hibernation may improve the quality of sperm obtained as they would represent a greater proportion of mature sperm.

The hibernated boreal toads weighed significantly more upon emergence than non-hibernated toads, even though they both originated from the same founder stock, were similar in age, weighed similar amounts when first acquired and both groups were originally housed at NASRF. Moreover, the toads were fed similar prey items on the same schedule at both institutions. Frogs and toads store their energetic supplies in abdominal fat bodies that can comprise several classes of lipids and proteins and can synthesise steroid hormones *in vivo* (Rastogi *et al.* 2011). Fat body mass is directly linked to reproductive success and there are indications that, in both sexes, fat bodies are necessary to support normal gonadal activity (Rastogi *et al.* 2011). In males for example, removal of fat bodies appear to cause degeneration of primary spermatocytes and testicular atrophy (Rastogi *et al.* 2005). Unfortunately, we cannot eliminate that the lack of comparable amounts of fat reserves, and by default weight, could be a contributory factor to the sub-optimal spermiation response of the non-hibernated males. Studies have shown that higher altitudinal amphibians have a greater accumulation of fat body reserves during the late summer and pre-hibernation months than con-specifics at lower altitudes (Elmberg 1991; Chen *et al.* 2011). As temperature decreases, the increased mass of fat bodies in high altitude species is believed to be an adaptation to prolonged winters in colder regions. Moreover, temperature extremes may also impact leptin secretion in Bufonids (Chen *et al.* 2021), with tadpoles exposed to low temperatures accumulating more body mass and size in response to changes in the leptin signaling pathway. The non-hibernated males were held at a constant room temperature over several seasons; thus, they did not experience any environmental cues simulating the need to increase fat body stores. The connection to fat body accumulation and gametogenesis in male boreal toads is unknown and worth further investigation given our findings.

The results presented here illustrate the positive influence of a period of hibernation on the seasonal sperm quantity and quality response of male boreal toads. While we did not see a difference in the percentage of animals producing sperm, it is difficult to separate the impact of exogenous hormone stimulation vs hibernation itself. We propose that if the goal of captive breeding facilities is to produce offspring for reintroduction efforts, a period of hibernation would be beneficial to maximise the chances of breeding and fertilisation. Unfortunately, we don't yet have a clear understanding of how long the period of hibernation should be (e.g. 1–5 months) to stimulate a normal cycle and production of mature gametes. Is

it necessary to replicate the natural hibernation cycle or could shortened periods be equally as effective, yet reduce health risks? If the goal were to collect as much sperm as possible to support genome banking for genetic management, then a period of hibernation may not be advisable. By not hibernating the males, multiple sperm collection efforts (~8) could be achieved throughout the year with intermittent periods of 2–4 weeks between collections (McDonough *et al.* 2016), whereas that time is lost if animals are in hibernation. We believe the information presented herein will be valuable for the captive breeding management of other threatened high elevation anuran species that would naturally hibernate in the wild, depending on the goals set aside in the recovery or research programs for the species. Moreover, this work continues to build on knowledge related to the physiological processes of hibernation on gonadal development and sperm maturation in high elevation anuran species.

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