

CONTENTS

| | |
|--|------------|
| <i>Acknowledgements</i> | <i>vii</i> |
| <i>Introduction</i> | <i>ix</i> |
| Part One All about the garden | 1 |
| 1 Why grow your own? 10 good reasons | 3 |
| 2 Where and what? First thoughts | 15 |
| 3 High productivity from small spaces Some special techniques | 33 |
| 4 Creating super soil Soil biota and fertility | 55 |
| 5 Making the most of your space Plants for places | 83 |
| 6 Getting started with vegetables Seeds and seedlings | 99 |
| 7 Plant care Weeding, watering, controlling pests | 109 |
| Part Two All about the plants | 131 |
| 8 Vegetables | 133 |
| 9 Fruits | 165 |
| 10 Bush foods | 187 |
| 11 Herbs and flowers | 193 |
| 12 A taste for all seasons | 207 |
| Final words | 213 |
| <i>Appendix 1 Suppliers and information</i> | <i>214</i> |
| <i>Appendix 2 Bibliography</i> | <i>216</i> |
| <i>Index</i> | <i>217</i> |