

Supplementary Material

Understanding the health care needs of transgender and gender diverse people engaging with rural Australian sexual health centres: a qualitative interview study

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Appendix. Participant interview template

Hello, my name is, I use pronouns thank you again for volunteering to participate in this research study.

You do not have to answer any question that you do not wish to respond to. As a reminder, any information that you share during this interview is confidential and would not be shared with anyone outside the research team.

You can stop the interview at any time.

You have indicated that you are happy to give verbal consent to this interview.

Can I please confirm that you are happy for me to audio-record this interview? *(If yes ask participant to state their name and the date when recorder is turned on)*

Please tell me how you prefer I refer to you during this interview and what is your preferred pronoun? Do you have any questions before I start the recorder?

- What were your first thoughts when you saw that we are interested in talking to you about your experience as a trans person in rural and regional Western NSW?
- Living in rural and regional communities can have challenges that are different to metro areas. Do you think living in a rural or regional community impacts on your health and wellbeing? If so, how?
- Can you tell me what has helped your health and wellbeing in your community?

- Prompt: access to health care, access to gender affirming health care, support groups/services
- If you could change things to improve the health and wellbeing of trans people in rural and regional NSW what they be and Why?
 - Prompt: Are there any other things you would change?
- What have been the challenges you have faced?
 - Prompt: stigma and discrimination
- Can you tell us about any supports you have accessed to help you overcome these challenges? How did they help or not?
- What are your current life goals? Where do you see yourself in 5–10 years' time?
 - Prompt depending on response: for example, employment or studies, financial, relationships
 - Prompt: about health goals if not mentioned
- What do you think would help you achieve them?
 - Prompts barriers to achievement.
- What are the advantages of living in a regional setting for trans adults?
- What are the disadvantages?
- What advice would you give to a trans person who was trying to decide about moving to rural NSW?

- Are there any other issues we have not covered that you would like to discuss?

Turn off recorder and ask demographic questions./

- Jurisdiction/postcode
- Age
- Are you happy to answer a couple more personal questions:
 - What was your sex at birth?
 - What do you identify your gender to be; male, female, non-binary or prefer not to say?
 - What best describes your sexuality; heterosexual, lesbian, gay, bisexual, asexual, pansexual, I don't know, other, or prefer not to say?
- Cultural and language background
- Highest qualification
- Current employment state