

Supplementary Material

Harm reduction and multidisciplinary consultations for gay, bisexual, and other men who have sex with men practising chemsex based in a French infectious disease unit: patients' characteristics and perceptions

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Supplementary file S1

Questionnaire to Evaluate Harm Reduction Consultations

This survey was prepared by the Harm Reduction Consultation Team of the Infectious Disease Unit of Saint-Louis Hospital to evaluate and improve care.

Anonymous and voluntary, we hope to receive a great many answers to improve consultations, and offer a service tailored to your needs. We thank you for your attention and time.

1 / What substance(s) did you regularly use in your last chemsex events?

- GHB-GBL
- Crystal methamphetamine
- 3MMC
- 4MEC
- Alpha-PVP
- Mephedrone
- Ketamine
- Kétamine
- Ecstasy
- Other, specify : _____

2 / How often, when most frequent, did you use substances during chemsex events?

- Everyday
- Several times per week
- Every week
- Two to three times per month
- Once every month
- Once every two or three months
- Once every six months
- Less than every six months

3 / Did you do slam (intravenous injection of substances) in the last 6 months?

- Yes
- No
- I do not know

⇒ If « **Yes** », How often did you practice slam in the last 6 months?

- Everyday
- Several times per week
- Every week
- Two to three times per month
- Once every month
- Once every two or three months
- Once every in the last 6 months
- Less than every six months

4 / Did your consumption necessitate emergency medical care?

- Yes
- No
- I do not know

⇒ If « **Yes** », Were you hospitalized in psychiatry or in an addictology service?

- Yes
- No
- I do not know

5 / In parallel to the Unit, are you followed by ...

...a psychiatrist?

- Yes
- No
- I do not know

...a psychotherapist?

- Yes
- No
- I do not know

...an addictologist?

- Yes
- No
- I do not know

6 / Did you ever receive a psychiatric pathology diagnosis from a health professional?

- Yes
- No
- I do not know

7 / Do you take a psychoactive medication (antidepressants, sleeping pills, anxiolytics, etc.)?

- Yes : specify : _____
- No
- I do not know

8 / Did or does your chems consumption negatively impact...

...your work?

- Yes
- No
- I do not know

...your relationships with your friends or family?

- Yes
- No
- I do not know

...your intimate relationships?

- Yes
- No
- I do not know

...the quality of your sexual life?

- Yes
- No
- I do not know

9 / Before practicing chemsex, did you have the following problems or questioning :

Erectile dysfunction?

- Yes
- No
- I do not know

Ejaculation disorder?

- Yes ⇒ too slow too quick
- No
- I do not know

Lack of pleasure during intercourse?

- Yes
- No
- I do not know

Sexual addiction?

- Yes
- No
- I do not know

Concerns with the size of your penis?

- Yes ⇒ too small too big other, specify: _____
- No

- I do not know

Pain during intercourse

- Yes, specify : _____
- No
- I do not know

10 / Who asked for Harm Reduction Consultations for you?

- Yourself
- A health professional
- Other, specify : _____

11 / For you, Harm Reduction Consultations were....?

- Useless
- A little useful
- Beneficial
- Very beneficial

12 / Did Harm Reduction Consultations help you reduce risks or risky behaviors linked with your psychoactive substance consumption?

- Not at all
- Yes, partially
- Yes, totally

13 / How do you evaluate the quality of your intervener's listening during Harm Reduction Consultations?

- Unsatisfactory
- A little satisfactory
- Satisfactory
- Unsatisfactory

14 / How do you evaluate tools used during Harm Reduction Consultations (scales, action plans, objectives, lists of means of action, etc.)?

- Unsatisfactory
- A little satisfactory
- Satisfactory
- Very satisfactory

⇒ If tools are evaluated *satisfactory* or *very satisfactory*, what are the tools that you found particularly useful? How did they help you?

⇒ If tools are evaluated *unsatisfactory* or *a little satisfactory*, what are the tools that you would have liked to have?

15 / How do you evaluate the availability of your intervener for Harm Reduction Consultations?

- Unsatisfactory
- A little satisfactory
- Satisfactory
- Very satisfactory

16 / How do you evaluate your need to attend Harm Reduction Consultation?

- No need for consultations
- Some need for consultations
- A need for consultations
- An important need for consultations

17 / How important have the Harm Reduction Consultations been for you?

- Not important
- A little important
- Important

- Very important

18 / Would you recommend Harm Reduction Consultations to a friend or a person in the same situation as you?

- Certainly not
- Probably not
- Maybe
- For sure

19 / Do you have other comments or questions about Harm Reduction Consultations?
