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Gardening for Birdwatchers by Mike Toms, lan & Barley Wilson



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Yorkshire Post {Main} UK Friday 19, March 2010 187 sq. cm ABC 47760 Daily Circulation: BRAD info: page rate £9,856.00, scc rate £16.00 0113 243 2701 **British Waterways** Keyword:



Survey appeal as kingfishers hard hit by harsh winter

THE harsh winter may have significantly reduced numbers of kingfishers on the UK's rivers and canals British Waterways said today, as it began its annual wildlife survey.

The organisation, which looks after 2,200 miles of the nation's waterways, is calling on people to head to their local canals, rivers, reservoirs or docks to spot birds, animals and insects.

This year' British Waterways is



WORRIES: Kingfishers may have suffered greatly in the big freeze.

focusing its survey on kingfishers, amid fears the frozen waters and icy temperatures experienced for weeks on end this winter could have hit the bird hard.

Mark Robinson, British Waterways' national ecology manager, said that although nature was "pretty resilient" to events such as the hard winter, many species would have suffered.

"The good news is that our water-

ways act as green corridors connecting towns, cities and farmland and providing vital shelter and a winter larder for wildlife struggling to survive."

But he said some species would have been particularly hard hit.

According to British Waterways, the harsh winter of 1962/1963 killed off between 80 and 90 per cent of kingfishers.

"Frozen water and plummeting temperatures may have significantly reduced kingfisher populations, with the possibility that many lost the battle against the cold.

"It is therefore particularly important for us to monitor what species will need our support over the coming year and we're asking the public to help us do that," Dr Robinson said.

He added: "Now that the weather has warmed up, kingfishers are starting to nest and so now is a great time to see them."

British Waterways is raising money to improve habitats for birds found on the waterways, including providing nesting tunnels for kingfishers and preserving their perches.

The measures also include providing reedbed habitat alongside canals and in reservoirs for rare bitterns and reed buntings and putting up nest boxes for grey wagtails nesting near lock gates and for barn owls.

Last year, the survey recorded more than 42,500 sightings including almost 300 different species of birds, amphibians, reptiles, insects and mammals.

Reporting findings is easy using a simple form on the www.waterscape.com/wildlifesurvey website. It also includes a map showing which species have already been spotted and where.



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The Mammal Society:

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- Advocates conservation plans based on sound science
- Educates people of all ages about British mammals, their ecology and conservation through our training workshops and at our annual events
- **Provides** current reliable information on mammals through our **publications**, available on our **website**
- Supports an extensive local group network so you can get involved in mammal conservation on your doorstep

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activity programme



inspiring people, improving places



BTCV Vale of York Group

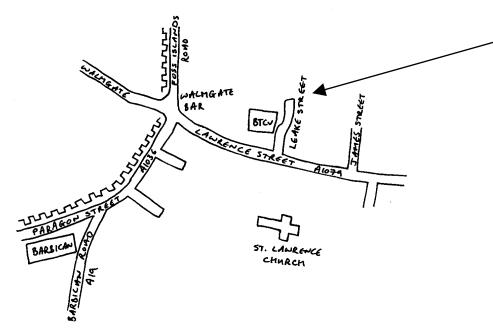
October and November 2010

Volunteer Calendar October 2010

Tuesday	Wednesday	Thursday
5 th Ray Wood	6 th Ray Wood	7 th Ray Wood
characteristic of secondary ancient woodland, trees set around a network of paths from an e	ed in the 1940s but was first surveyed in the 16 th centu . Today the wood has a collection of 500 species of rh earlier woodland garden. Ray Wood is managed by Ca Royal Botanic Gardens, Kew. Over the first two week It collection.	ododendron and many other rare shrubs and astle Howard Arboretum Trust, a joint charitable
12 th Ray Wood	13 th Ray Wood	14 th Ray Wood
Fencing is valuable in conservation work, helping to protect sensitive habitats from interference. This week Paul Appleton will be on site to provide training in fence building. There will be an opportunity to learn about different types of fencing, how to select the most appropriate type of barrier and choose the correct materials. We will be constructing a particular type of post and wire fence aimed at keeping rabbits out of the wood. Find out how to install strainer posts, struts and intermediates as well as learning how to tension wire using Monkey Strainers.		
	ke part in the training – please contact the office of	
19 th York Citizens Advice Bureau	20 th York Citizens Advice Bureau the site of a former school in the shadow of the city w	21 st York Citizens Advice Bureau
self-seeded sycamore. The project this week garden for users of the CAB and local wildlife		ge in the regeneration of the playground into a
26 th St Nicholas Fields LNR	27 th St Nicholas Fields LNR	28 th Hackfall Wood
Reserve. Teams of young volunteers and mer a number of projects to landscape the play an	will take place at St Nicholas Fields Local Nature mbers of the business community will be working on ea and improve the Melrosegate entrance. As part of and extending the woodchip footpaths. We are also for timber felled on the reserve.	A Grade 1 listed landscape and Site of Special Scientific Interest, Hackfall has been described as one of the most beautiful woodlands in England. We will be repairing steps and improving paths using materials from the wood.
training under the expert eye of Peter Robins of the Vale of York Environment Group's Env of the project is to provide opportunities for	y Horrobin who successfully passed their NPTC Chai son of Travelogger. Anne and Leroy battled rain and h vironmental Training Programme – The Forgotten those over the age of 25 to undertake training in a v est in future training opportunities - including ID skills e.	high winds to complete the training which was par Years project, funded by Awards for All. The ain variety of practical conservation skills. For furthe

Volunteer Calendar November 2010

Tuesday	Wednesday	Thursday		
2 nd Rawcliffe Meadows	3 rd Burneston School	4 th Burneston School		
The pond at Rawcliffe Meadows is an important stronghold for York's tansy beetles. We will be clearing vegetation at the pond to help ensure a good supply of tansy for next year's beetles.	Come along and help to create a new wildlife area for this lovely school in the Yorkshire Dales. On Wednesday we will be erecting a post and wire fence around the perimeter to ensure it is safe after the digger has been in to excavate the new pond. Thursday's task will be to finish any fencing and build the dipping platform for the pond.			
9 th Burneston School	10 th Hackfall Wood	11 th Burneston School		
Now that we have the area secure, it's time to install the footpath around the wildlife area. It will be a stone footpath to allow for wheelchair use. Come along and find out what a stob twister is used for!	Turner came to Hackfall to paint and Wordsworth is reputed to have loved the wood. Today we will be cutting back vegetation to help restore the views that might have inspired them.	It's a long winding footpath so we will still be installing it today but with the help of a wacker plate, essential for a nice smooth surface.		
16 th Burneston School	17 th Burneston School	18 th Burneston School		
The school is eagerly awaiting its wildlife area and at this point the area should really be taking shape. Over the next three days we will be doing a variety of tasks which include; post and rail fencing around the pond area, gate hanging, raised bed building, sleeper bench construction and building bird tables. There will be lots of fun things to try your hand at and have an opportunity to practice your small carpentry skills.				
23 rd Hambleton Hough	24 th Hambleton Hough	25 th Hambleton Hough		
Hambleton Hough, formed from debris left behind when the glaciers retreated after the Ice Age, is one of the few hills in an otherwise flat landscape. Some of you will remember the beautiful woodland at this site from our visits in the Spring and it will be interesting to compare the flora and fauna this Autumn with that which we found earlier in the year. The work this week will be to continue management of the vegetation in the wood and, in particular, to clear new growth arising since our last visit.				
30 th Barlby Woodland Walk	The Green Pennant Award			
We will be working with Barlby and Osgodby Parish Council to carry out some improvements to the Woodland Walk. We will be clearing fallen timber and tidying paths through the woods. The Parish Council is hoping that the Woodland Walk will follow in the footsteps of another of its sites – the Old Railway Walk –	The Green Pennant Award is a national award scheme that recognises high quality green spaces in England and Wales that are managed by voluntary and community groups. The Award has an impressive and established background – it is part of the Green Flag Award scheme, the national standard for quality parks and green spaces. Winning a Green Pennant Award brings excellent publicity. Both the media and the public are becoming increasingly aware that a site holding a Pennant is a valued and high quality green space.			
and achieve the Green Pennant Award.	If you are part of a community group that manages a local green space and would like to find out more about the award, please contact the BTCV office on 01904 644300.			



Structure of the Day

- Meet at the office to load the minbus at 9.00am)
- Minibus leaves the BTCV office at 9.15am
- Details about the task are given on arrival
- A safety talk is conducted, showing you how to use the tools and any site hazards
- Lunch is around mid-day
- Continue with the task in the afternoon
- Tidy the site and load the tools into the minibus
- Leave the site and aim to be back in York between 4.30 and 4.45pm
- On arrival at the office, tools are unloaded, cleaned and put away



Registered Office: BTCV, Sedum House, Mallard Way, Potteric Carr, DONCASTER, DN4 8DB Web Address: www.btcv.org.uk Registered Company: 976410 BTCV is a charity registered in England (261009) and in Scotland (SC039302) Connecting People with Place...Building Healthy and Sustainable Communities...Increasing Peoples Life Skills We meet in the mornings at: 3, 5 & 7 Leake Street YO10 3BR (see map) at 9:00-9:15 Phone: 01904 644300 email: York@btcv.org.uk http://www2.btcv.org.uk/display/btcv_york There is no car parking at the office but there are streets nearby with some parking and secure storage for bikes. Note: Tasks may be subject to change – if you're making your own way to site, please call to confirm a meeting point.

BTCV INFORMATION

Who are BTCV?

We are a national conservation charity enabling individuals to become involved in improving their local environment on a practical level. The Vale of York Group offers one of the ways of experiencing practical conservation work. People of all ages and backgrounds volunteer. Whether you can spare three days a week or one day a year, please support BTCV in York.

Do I need experience?

No. Full instruction is given on every project by trained leaders. BTCV has 50 years of conservation experience behind it.

What do I need?

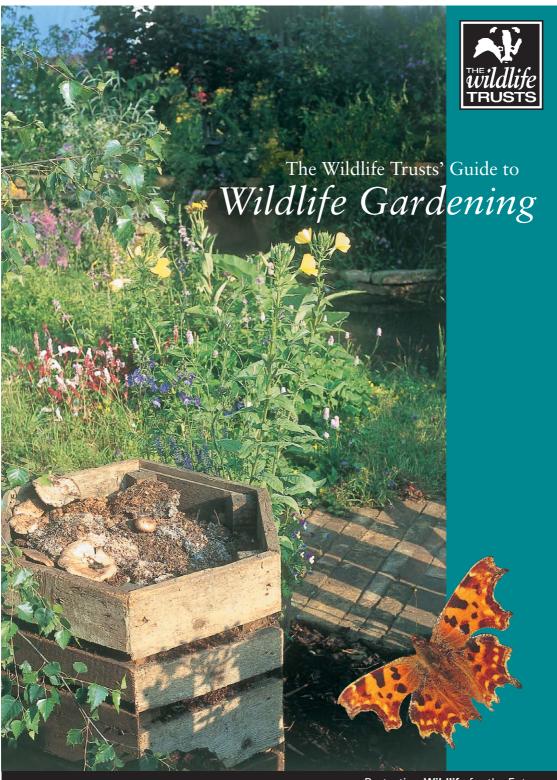
You will need a packed lunch, old work clothes, waterproofs and strong boots or wellies. Work or gardening gloves are recommended though some gloves, wellies and waterproofs are available at the office.

What training can I get?

A range of practical training such as weekend practical courses in hedgelaying to informal wildlife identification skills. We also run courses in first aid and machinery use – please call for details

What do I do next?

We operate a booking system whereby volunteers wishing to ensure a place on the minibus to a particular task can put their name down for that day.



Protecting Wildlife for the Future

Making room for wildlife

Across the UK, we look after more than two million acres of garden – an area five times the size of Greater London. With our countryside increasingly under threat, every garden, however big or small, is a potential nature reserve.

n the past 50 years, the countryside has changed dramatically with the destruction of much of our ancient We can't replace these losses but we woodlands, meadows and wetlands. can help wildlife in our gardens and enjoy watching it at the same time.



Individual gardens may be small but together they form a patchwork, linking urban green spaces with nature reserves and ensure that they are there for future Wildlife gardening is about creating places for animals and plants to thrive and animals that make the UK special. wildlife-friendly will help the plants Making our 15 million gardens and the wider countryside. generations to enjoy.

Wildlife gardening brings life to formal designs and tidy edges, or it on a large or small scale, with your garden. Small ponds and more informally.

alongside people. You can practise

fewer chemicals, saving you money quickly become focal points. Being wildlife-friendly also means using meadows are easy to create and and helping the environment.



Top tips for greening your garden

- suitable for your soil. Your local Wildlife Choose local seeds and plants that are Trust can advise you.
- are labelled as being from cultivated stock. • Wild flowers belong in the wild - before buying, check plants, seeds and bulbs
- products and use reclaimed stone or stone Ask your garden centre for peat-free limestone as it may have come from substitutes. Don't buy water-worn limestone pavement, a threatened natural habitat.
 - Save water. Install water butts under downpipes outside your house.

Common water plants suitable for small garden ponds

Deeper water

- Mayfly

pondweed, New Zealand stonecrop and azolla which soon take over. water-milfoil, curled pondweed, willow moss. Avoid Canadian Hornwort, water-crowfoot, common water-starwort, spiked

Floating leaved plants

Fringed water-lily, water soldier, potamogeton.

Yellow flag iris

Brooklime

Marsh marigold or kingcup

Rosebay willowherb

Shallows/ledge plants

Water forget-me-not, water mint, yellow flag iris, water plantain, branched bur-reed, arrowhead.

Marsh/edge plants

ragged-robin, marsh marigold, brooklime, rushes and sedge Meadowsweet, purple loosestrife, lady's smock, gipsywort,



White water-lily

wetland wildlife on your doorstep. Create a pond in spring and enjoy Choose a sunny site away from Build a pond for wildlife over-hanging trees.

Lesser water boatman

Tadpoles

Frog-spawn

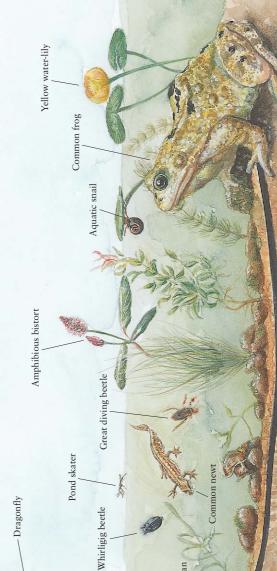
Dig your pond at least 77cm deep, with shallow edges for plants and for easy access for animals.

with sand and old carpet, before laying a butyl rubber lining. Turn liner under Remove any stones then line the hole at the edges and cover with turf.

Length of finished pool x twice depth For example, a pond 3m long by 1m deep and 1.5m wide needs 18m2 of liner. To calculate the size of liner, x twice width of pond. use this formula:

Fill with water, then introduce native plants a week later. Please don't take frog-spawn from the wild.

include a barrier over or around the water such as a fence or rigid Safety first: If small children use or visit your garden you should mesh (allowing 75mm squares for small animals and plants).



2ning for wildlife getting you started

Wildlife needs four things: food, water, shelter and places to breed.

You can provide some if not all of these things and bring your garden to life. Here are some ideas to get you started and help you to make a difference for wildlife, whatever the size of your garden.

You can have an attractive and Go organic

compost, encourage insect and slug-eating productive garden without using chemical You can make and use your own fertilisers and pesticides.

creatures and adapt natural processes to Gardeners' friends include frogs and maintain your soil.

toads, birds, and small mammals like bats and hedgehogs all of which eat insects or slugs. Ladybirds, acewings and noverflies feast on aphids.

Butterflies bring beauty to any garden. **Butterfly gardens**

Attract them to yours with nectar-rich flowers like buddleia, scabious and spot and don't forget to provide food ice-plant. Plant in a sheltered sunny plants for caterpillars too. (See the box below)

Favour native trees, but remember other species are good for wildlife too. Native trees

bird cherry and wild cherry, crab apple, Trees: alder, ash, aspen, beech, birch, field maple, hazel, holly, juniper, oak, Scot's pine, rowan, yew, whitebeam, willow, wych elm.

buckthorn, broom, dog-rose, dogwood, elder, guelder-rose, hawthorn, spindle. Shrubs: alder buckthorn, blackthorn,

attract robins and flycatchers. Large open-fronted boxes high in trees may Do not put boxes in full sun and site around 32mm. Open-fronted boxes attract owls or kestrels.

28mm entrance hole, house sparrows Tits and nuthatches need boxes with a

Bird boxes

might attack from, such as overhanging them away from places that predators iches.



Climbing plants on fences and walls **Climbing plants**

make nesting and roosting sites for birds, and a haven for insects and small animals. Choose plants like quince and noneysuckle which have nectar-rich flowers followed by fruit. Make sure you have some evergreens oo, ivy is especially raluable.

native choices include hawthorn, blackthorn, wild rose, holly, hazel and privacy and security for you. Good for all sorts of wildlife, as well as

seeds, fat and kitchen scraps in feeders, trays and on the ground. Move feeding places from time to time to guard Different birds eat different things, in different ways and places. Provide nuts, inwelcome visitors such as rats. against predators, disease and

eeding birds

for the birds.



Hedges provide living space and food elder. In addition, berberis, cotoneaster and pyracantha produce lots of berries dges

Food plants for caterpillars Butterfly

Meadow brown, hedge brown wall brown, marbled white and Large and small white Green-veined white Drange tip large skipper Brimstone

Lady's smock, hedge garlic and

hedge mustard

Wild/cultivated cabbages

Alder buckthorn and purging

ouckthorn **histles**

Common blue Painted lady

Bird's foot trefoil

²eat-free gardening

Many plants grow on walls, including ivy-leaved toadflax, various ferns, red Spiders and solitary bees like nooks and crannies, and rockeries will shelter left over the winter provide homes for many small creatures. Hollow stems

Cracks and crevices

valerian and, of course, wallflower.

demand for peat, nearly all have been remaining bogs by using peat-free composts and mulches, such as chipped Wildlife Trusts for details of where to bark, leaf mould or coir. Contact The Peat bogs are very special places for wildlife but, partly due to gardeners' destroyed in the UK. Help save our buy peat-free products.

insect larvae and pupae.

Primrose, aubretia, sweet rocket Nectar-giving plants Nectar plants

Plant Grasses including meadow grass,

false brome, cocksfoot and

rorkshire fog

Lavender, cat mint, thyme, heliotrope, red valerian, hebe, buddleia, knapweed (summer) (spring)

noneysuckle, evening primrose and Michaelmas daisy, sweet scabious, vyssop, ice plant (autumn) Moths like night-scented stocks, tobacco plants

To bring vibrant colour into your garden, meadow flowers can be sown or planted to produce spring or summer displays. A meadow makes a wonderful Your soil type and how and when you mow will dictate which species you should plant, but generally cowslip, alternative to plain grass on your lawn. ox-eye daisy, meadow cranesbill, yellow rattle, self-heal and meadow buttercup will do well.

Meadow magic



kitchen scraps in a home-made box or bought compost bin. If you have limited Compost garden waste and vegetable space, you can still make compost in a small 'worm bin' in your house or Make your own natural fertiliser. Compost bins back yard.



Pile of logs

animals, including frogs, toads and slow worms. The rare stag beetle needs dead hibernate in wood piles, so if you're having a bonfire, check for feed beetle larvae and shelter many other wood to breed in. Hedgehogs often sleeping hedgehogs first. A pile of logs in a shady corner will

Nettle feeders

Nettles are the food plant of the caterpillars of some beautiful butterflies: red admiral, peacock, small tortoiseshell and comma. Butterflies prefer not to lay their eggs in the shade, so choose a sunny spot to grow your nettles.

Handy hints for the wildlife gardener

- Avoid using slug pellets. They don't just poison slugs, they also affect the birds, frogs and hedgehogs that eat the slugs. Control slugs with a barrier of grit or sand around plants, or use pitfall traps a cup or jar with a little beer in the bottom, sunk into the ground, is ideal.
- Newly planted trees can be watered more easily via a drainpipe sunk into the ground alongside their roots.
- Epsom salts sprinkled around plants will prevent rabbit damage.
- Dilute household detergent is effective against greenfly and blackfly, and is thought not to harm other insects.
- · You can treat seed-eating birds to a free meal by planting globe thistles and teasels.
- Enjoy your garden wildlife-friendly gardening is about making your back yard into a haven for people and wildlife.

Help and advice

This leaflet is intended as a simple guide to get you started on wildlife gardening. Once you have begun, you might get hooked, so below are some suggested sources of additional information, supplies and further reading.

Wild About Gardens is a joint project between The Wildlife Trusts and the Royal Horticultural Society.

To find out more and share your wildlife gardening tips, visit www.wildaboutgardens.org

Organic gardening: advice, gardens to visit, fact sheets, seeds and product catalogues available from:

Henry Doubleday Research Association (HDRA) Ryton Organic Gardens Coventry CV8 3LG

Tel: 02476 303517

Where to buy peat-free products leaflet and advice on peat alternatives – download from www.wildlifetrusts.org or free with an A5 SAE:

The Wildlife Trusts The Kiln, Waterside Mather Road Newark NG24 1WT

Further reading

Wildlife Gardening by Fran Hill, from Derbyshire Wildlife Trust Tel: 01773 881188 – £7.95 inc p+p £4.50 if ordering 10 or more copies (cheques made payable to Derbyshire Wildlife Resources).

Attracting Wildlife to Your Garden by John Burton/David Tipling, New Holland, price £16.99

Join The Wildlife Trusts

The Wildlife Trusts is the UK's leading organisation working on all aspects of nature conservation. Managing more than 2,500 nature reserves, we campaign tirelessly on behalf of wildlife and run thousands of projects and events, nationally and locally. The Trusts' work is dependent on support from people like you.

Membership of The Wildlife Trusts gives you:

- A full colour magazine, Natural World, three times a year.
- A newsletter from your local Wildlife Trust, keeping you up to date with local wildlife news and events.
- The opportunity to get involved in many activities and events, and access to spectacular nature reserves around the UK.
- The knowledge that your support is crucial in helping to keep the UK's wildlife safe for the future.

To find out more about joining The Wildlife Trusts, or if you'd like to make a donation to support our vital work, please visit our website *www.wildlifetrusts.org* or write to:



The Wildlife Trusts DEPT.MSFR (GL) FREEPOST MID20441 Newark NG24 4BR

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Protecting Wildlife for the Future