

## **Supplementary Material**

### **Asian migrants navigating New Zealand primary care: a qualitative study**

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	Navigation tasks
1.	<b>Be aware of formal access requirements and rules of accessing and using health care</b>
2.	<b>Find out about and use support options in order to navigate health care system</b>
3.	Find ones way around a health care institution
4	Take decision concerning concrete services
5.	Find out about quality of care and judge if personal preferences are met
6.	Be aware of ongoing system changes and possible consequences for health care
7.	<b>Be aware of your rights and responsibilities</b>
8.	<b>Be aware of health care costs and coverage</b>
9.	<b>Get an overview of the health care system, its structure, areas, functioning and type of health services</b>
10.	<b>Interact competently with health professionals and institutions in order to negotiate health care paths and settings</b>