

## **Supplementary Material**

### **Management or missed opportunity? Mental health care planning in Australian general practice**

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**Table S1. Online patient experience survey**

Question	Response category
1. I have a...	Diabetes care plan (1) Mental health care plan (2) Both (3) Neither (4)
2. With which gender do you identify?	Male (1) Female (2) Other (3)
3. What is your age group?	18-25 (1) 26-35 (2) 36-45 (3) 46-55 (4) 56-65 (5) 66-75 (6) Over 75 (7)
4. In which State/Territory do you live?	ACT (1) NSW (2) VIC (3) QLD (4) SA (5) NT (6) WA (7) TAS (8)
5. Which of these conditions have you experienced? (Check all that apply)	Diabetes Depression Bipolar disorder Anxiety Schizophrenia Other physical health condition Other mental health condition
6. When was your <b>first</b> GP care plan created?	(Month, Year)
7. Was your <b>first</b> care plan reviewed? (if one care plan only)	Yes (1) No (2) I don't know (3)
8. Were your <b>first</b> care plans reviewed? (if more than one care plan)	Yes, both diabetes and mental health care plan (1) Only the diabetes care plan (2) Only the mental health care plan (3) Neither has been reviewed (4) I don't know (5)
9. When was your <b>most recent</b> GP care plan created or reviewed?	(Month, Year)
10. Was your <b>most recent</b> care plan reviewed? (if one care plan only)	Yes (1) No (2)

	I don't know (3)
11. Were your <b>most recent</b> care plans reviewed? (if more than one care plan)	Yes, both diabetes and mental health care plan (1) Only the diabetes care plan (2) Only the mental health care plan (3) Neither has been reviewed (4) I don't know (5)
12. Who suggested you have a <b>diabetes</b> care plan?	I did (1) My doctor (2) Another health professional (please specify) (3) A family member (4) Other (please specify) (5)
13. Who suggested you have a <b>mental health</b> care plan?	I did (1) My doctor (2) Another health professional (please specify) (3) A family member (4) Other (please specify) (5)
14. Why was your care plan created? (e.g., as a management tool, to access Medicare-subsidised care from allied health professionals) If you have care plans for more than one condition, please tell us the reasons for creating both a diabetes and a mental health plan.	Open-ended
15. Did you feel like you were actively involved in making the plan (e.g., were your choices listened to? Did it feel personalised?)	Yes (1) No (2) I don't know (3)
16. Do you have any other comments about the decision-making when creating your plan(s)?	Open-ended
17. About how long did your <b>diabetes</b> care plan take to create? If you've had more than one created, choose the option that best reflects all of them.	Less than an hour (1) 1-2 hours (2) More than 2 hours (3) I don't know (4)
18. About how long did your <b>mental health</b> care plan take to create? If you've had more than one created, choose the option that best reflects all of them.	Less than an hour (1) 1-2 hours (2) More than 2 hours (3) I don't know (4)
19. If your plan has been reviewed, about how long did the review take? If you've had more than one reviewed, choose the option that best reflects all of them.	Less than an hour (1) 1-2 hours (2) More than 2 hours (3) I don't know (4) My plan has not been reviewed (5)
20. Please tell us a bit more about your experience of having a care plan. For example, is it positive or negative? Why?	Open-ended

21. How useful do you find your <b>diabetes</b> care plan for managing your health?	Not at all useful (1) Not very useful (2) Somewhat useful (3) Very useful (4)
22. How useful do you find your <b>mental health</b> care plan for managing your health?	Not at all useful (1) Not very useful (2) Somewhat useful (3) Very useful (4)
23. Please tell us a bit more about your experiences with usefulness (or lack of usefulness) of your care plan(s). If you have a plan for more than one condition, please tell us about both of them, including any differences.	Open-ended
24. Has your <b>diabetes</b> care plan helped you to access other health professionals (e.g. podiatrist, dietitian)?	Yes (15) No (16) I don't know (17)
25. Has your <b>mental health</b> care plan helped you to access other health professionals (e.g. psychologist, occupational therapist)?	Yes (1) No (2) I don't know (3)
26. Please tell us more about how the care plan(s) have or have not helped you to access other health professionals.	Open-ended
27. Do you get reminders from your doctor when your <b>diabetes</b> care plan is due for review?	Yes (1) No (2) I don't know (3)
28. Do you get reminders from your doctor when your <b>mental health</b> care plan is due for review?	Yes (1) No (2) I don't know (3)
29. Do you attend the review sessions requested by your doctor?	Yes (1) No (2) I don't know (3)
30. Please tell us more about your experiences with care plan review (e.g., why you do/don't attend reviews, why reviews are conducted).	Open-ended
31. Please provide any additional thoughts or comments in the space below	Open-ended