

Supplementary Material

Expanded normal weight obesity and blood pressure in Chinese adults: a community-based cross-sectional study

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Table S1. Demographic and clinical characteristics of normal weight participants of Shaanxi Province, China, 2014.

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	Male (<i>n</i> = 1079)		Female (<i>n</i> = 1773)		Total (<i>n</i> = 2852)	
Age*, years (mean, SD)	47.29	14.62	44.17	13.61	45.35	14.08
Education attainment (<i>n</i> , %)						
Elementary school or below	94	8.71	195	11.00	289	10.13
High school	628	58.20	928	52.34	1556	54.56
College or higher	357	33.09	649	36.60	1006	35.27
Urbanization* (<i>n</i> , %)						
Urban	675	62.56	1241	69.99	1916	67.18
Rural	403	37.35	532	30.01	935	32.78
Smoking* (<i>n</i> , %)						
Never smoke	375	34.75	1755	98.98	2130	74.68
Ever smoke	704	65.25	18	1.02	722	25.32
Alcohol consumption* (<i>n</i> , %)						
Quit drinking	57	5.28	5	0.28	62	2.17
Regular drinking	160	14.83	16	0.90	176	6.17
Occasionally drinking	378	35.03	91	5.13	469	16.44
Never drinking	484	44.86	1661	93.68	2145	75.21
Physical activity* (<i>n</i> , %)						
Inactive	150	13.90	299	16.86	449	15.74
Moderate	729	67.56	1360	76.71	2089	73.25
Active	198	18.35	113	6.37	311	10.90
BMI, kg/m ² * (mean, SD)	22.12	1.88	21.47	2.08	21.72	2.03
BFP*, %, (mean, SD)	18.06	4.2	28.44	4.5	24.51	6.68
SBP* mmHg (mean, SD)	121.9	14.91	114.32	17.14	117.18	16.74
DBP*, mmHg (mean, SD)	75.69	10.05	71.28	9.86	72.94	10.16
Family history of HTN (<i>n</i> , %)	403	37.35	789	44.53	2292	41.81
Hypertension* (<i>n</i> , %)	212	19.65	255	14.38	467	16.37

**P* <0.01 of the comparison between sexes.