Supplementary Material

Engaging older Australians in sexual health research: SHAPE2 survey recruitment and sample

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Q1.1 SURVEY ON THE SEXUAL HEALTH INFORMATION NEEDS OF OLDER ADULTS IN AUSTRALIA

Thank you for your interest in this study. This survey is part of a PhD research project within the Melbourne School of Population and Global Health at the University of Melbourne.

To participate you must be aged 60 or over, and currently living in Australia. You can complete this survey even if you are not sexually active.

Your participation is voluntary. If you do not wish to take part, you do not have to. If you begin participating, you can also stop at any time.

The survey will take approximately 30 minutes to complete.

WHAT IS THIS SURVEY ABOUT?
Older adults have different sexual health and wellbeing needs from younger people and there are few information sources to meet these needs. This research aims to investigate the types of sexual health and wellbeing information older Australians are interested in, how they want to access it, and the topics they want to know about.

WHAT QUESTIONS WILL I BE ASKED?
The survey will ask you about yourself (for example, age, gender, sexual orientation), your relationships (for example, relationship status, use of dating apps), how you would be most likely to access sexual health and wellbeing information (for example, websites, talking to your GP), what information you would like to know more about (for example, sexually transmissible infections, sexual difficulties), this includes asking whether you want to know more about sexual practices and pleasure (for example, orgasm, use of sexual aids).

Due to the sensitive nature of these topics, it is possible that you may feel embarrassed or uncomfortable about some of the questions. You can skip any questions you do not want to answer and can exit the survey at any time.

WHAT WILL HAPPEN TO MY INFORMATION?
You will not be asked to provide your name, and you will not be personally identified in any results published from this study.

HOW WILL MY DATA BE USED?
Data collected in this study will be used to understand the sexual health needs of older adults in Australia, and how those needs can be better met. Research results will be published in academic journals, media articles, and presented at conferences.

FURTHER INFORMATION
You can get further information here: Plain Language Statement. If you have additional questions about the project, please contact Sue Malta at: susan.malta@unimelb.edu.au, or Louise Bourchier at: louise.bourchier@unimelb.edu.au

This survey has been approved by the University of Melbourne Human Research Ethics Committee, ID: 2057393.1

Please click the "Next" button below to continue to the survey.

Q1.2
This survey asks explicit questions about sexual topics. Your participation is voluntary, you can skip any questions you do not want to answer, and you may quit the survey at any time.

Do you consent to participating in this survey?

☐ No, I do not consent

☐ Yes, I consent

End of Block: Introduction and consent

Start of Block: Inclusion criteria

Q2.1
You must live in Australia to participate.

What is your postcode? Please write four numbers in the box, for example 3000
Q2.2
You must be aged 60 or older to participate.

What year were you born? Please select below

▼ 1961 ... 1910

End of Block: Inclusion criteria

Start of Block: Basic demographics

Q3.1 Which best describes your gender?

- Male
- Female
- I describe my gender in another way (please specify)
  ________________________________________________________________
Q3.2 Which best describes your current employment status? Select all that apply

- [ ] Retired
- [ ] Working full time
- [ ] Working part time
- [ ] Casual work
- [ ] Volunteer work
- [ ] Unemployed and looking for work
- [ ] Unemployed and not looking for work
- [ ] Student
- [ ] Carer
- [ ] Disability Support Pension
- [ ] Other (please specify) __________________________________________________

Display This Question:
If Which best describes your current employment status? Select all that apply = Retired

Q3.3 What was your occupation when you retired?
________________________________________________________________

Display This Question:
If Which best describes your current employment status? Select all that apply = Working full time
Or Which best describes your current employment status? Select all that apply = Working part time

Q3.4 What is your current occupation?
________________________________________________________________
Q4.1 In this survey we use the phrase "sexual health and wellbeing" as a broad term that includes physical health, intimate relationships, and pleasure. With increasing age a person's sexual health and wellbeing needs may change, and we want to understand more about the needs of older adults in Australia.

The term "sexual health and wellbeing" includes, for example, intimacy in both short-term and long-term relationships, safer sex, changes in sexual functioning with age, difficulty with erections or orgasm, intimacy when living with chronic disease or after cancer. It is not limited to partnered sex and also includes, for example, masturbation, online dating, and long distance relationships where there is no physical contact with another person.

Please keep this broad definition in mind as you answer the following questions.

Q4.2 The next questions ask you about sexual health and wellbeing information you have accessed since you turned 60 years old.

For example: Talking to your doctor about erections after prostate surgery
               Reading about safer sex on a health information website
               Watching a TV episode about maintaining intimacy in long-term relationships
               Reading an online forum for advice on how to create an online dating profile

It's fine if you can't remember exactly when you did things, just approximately since you turned 60.
Q4.3 Have you sought information on sexual health and wellbeing since you turned 60? Select all that apply

☐ Yes, for myself
☐ Yes, for someone else
☐ No

Display This Question:
If Have you sought information on sexual health and wellbeing since you turned 60? Select all that apply... = Yes, for myself

Q4.4 What was the last sexual health and wellbeing topic you sought information on for yourself?

_______________________________________

Display This Question:
If Have you sought information on sexual health and wellbeing since you turned 60? Select all that apply... = Yes, for myself
Q4.5 Where did you seek information on this topic? Select all that apply

- Health information websites e.g. Healthline, Better Health
- Social media e.g. Facebook
- Online forums / chat sites
- Online videos e.g. YouTube
- Other website(s) (please specify)

- Podcasts
- Books / magazines
- TV / radio
- Educational talks / workshops
- Talking to a GP / nurse / healthcare provider
- Therapist / counsellor
- Friends
- Family members
- Somewhere else (please specify)

Display This Question:
If Have you sought information on sexual health and wellbeing since you turned 60? Select all that apply?

a... = Yes, for myself
Q4.6 Did you find what you were looking for?

- Yes
- Partially, but not completely (please specify)
- No
- I don’t know

Display This Question:
If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else

Q4.7 When you last sought sexual health and wellbeing information for someone else, who was it for?

- My husband / wife / partner
- A friend
- A family member
- Someone else (please specify)

Display This Question:
If Have you sought information on sexual health and wellbeing since you turned 60? Select all that a... = Yes, for someone else

Q4.8 What was the last sexual health and wellbeing topic you sought information on for someone else?

__________________________________________________
Q4.9 Where did you seek information on this topic? Select all that apply

☐ Health information websites e.g. Healthline, Better Health
☐ Social media e.g. Facebook
☐ Online forums / chat sites
☐ Online videos e.g. YouTube
☐ Other website(s) (please specify)
________________________________________________________________________

☐ Podcasts
☐ Books / magazines
☐ TV / radio
☐ Educational talks / workshops
☐ Talking to a GP / nurse / healthcare provider
☐ Therapist / counsellor
☐ Friends
☐ Family members
☐ Somewhere else (please specify)
________________________________________________________________________
Q4.10 Did you find what you were looking for?

- Yes
- Partially, but not completely (please specify)

Q4.11 Is there anything else you would like to tell us about sexual health and wellbeing information that you have accessed since turning 60?

________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
Q4.12 Why do you think you have not sought sexual health and wellbeing information since you turned 60?

________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
End of Block: Information seeking behaviour since 60

Start of Block: Future information seeking behaviour

Q5.1 The next questions ask you where you would seek information on sexual health and wellbeing in future.

Q5.2 Would you use the internet to access sexual health and wellbeing information?

☐ Yes I would

☐ Maybe, it depends (please specify)

☐ No I wouldn’t

Display This Question:

If Would you use the internet to access sexual health and wellbeing information? = Yes I would

Or Would you use the internet to access sexual health and wellbeing information? = Maybe, it depends (please specify)
Q5.3 How likely are you to use these websites for accessing sexual health and wellbeing information?

<table>
<thead>
<tr>
<th>Website Type</th>
<th>Extremely likely</th>
<th>Somewhat likely</th>
<th>Neither likely nor unlikely</th>
<th>Somewhat unlikely</th>
<th>Extremely unlikely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health information website e.g. Healthline, Better Health</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>News / current affairs websites</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Search for information on Google / search engine</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Facebook</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Twitter</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other social media e.g Instagram, Tumblr</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Seniors forum / chat site</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other online forums / chat sites</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Online dating sites e.g. RSVP, Lumen</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blogs e.g. Sixty and Me</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Podcasts</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Online videos  
  e.g. YouTube

Pornography websites

Display This Question:
If Would you use the internet to access sexual health and wellbeing information? = Yes I would
Or Would you use the internet to access sexual health and wellbeing information? = Maybe, it depends (please specify)

Q5.4 Which devices would you use when accessing sexual health and wellbeing information on the internet? Select all that apply

☐ Mobile phone
☐ Tablet / iPad
☐ Personal computer
☐ Something else (please specify)
Q5.5 How likely are you to seek sexual health and wellbeing information in the following places?

<table>
<thead>
<tr>
<th></th>
<th>Extremely likely</th>
<th>Somewhat likely</th>
<th>Neither likely nor unlikely</th>
<th>Somewhat unlikely</th>
<th>Extremely unlikely</th>
</tr>
</thead>
<tbody>
<tr>
<td>Books / magazines</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>TV / radio</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Educational talks / workshops</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Talking to a GP / nurse / healthcare provider</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Therapist / counsellor</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Friends</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Family members</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Library / community centre</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q5.6 How important are these considerations when you are evaluating the trustworthiness of sexual health and wellbeing information?

<table>
<thead>
<tr>
<th>Consideration</th>
<th>Extremely important</th>
<th>Very important</th>
<th>Moderately important</th>
<th>Slightly important</th>
<th>Not at all important</th>
</tr>
</thead>
<tbody>
<tr>
<td>Endorsed by an institution e.g. hospital, university</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Endorsed by a relevant health organization e.g. Better Health</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Endorsed by a relevant community organization e.g. seniors advocacy group</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Author names and qualifications are given</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Visually appealing / looks professional</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Created by people who are 60 and over themselves</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>Need to pay to access it (i.e. do you think a resource you pay for is more trustworthy than a free resource?)</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>
Q5.7
Is there anything else that would make sexual health and wellbeing information accessible, appealing, or trustworthy to you?

________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________
________________________________________________________________

End of Block: Future information seeking behaviour

Start of Block: Topics

Q6.1
The next questions ask you about the sexual health and wellbeing topics you would like to know more about.

Some questions contain sexually explicit language. You can skip any questions you are not comfortable answering.
Q6.2 Which topics related to sexual anatomy and physiology would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Female arousal and orgasm</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Male arousal and orgasm</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Vulva appearance</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Erection shape and size</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Pelvic floor health</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Prostate health</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q6.3 Which topics related to sexual difficulties would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Difficulty with orgasm</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Vaginal dryness</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Difficulty with erections</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Changes / difficulties with ejaculation</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Low libido (sex drive)</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Pain with penetrative sex</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Other physical discomfort during sex</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
Q6.4 Which topics related to dating apps and online dating would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>How to use dating apps / online dating</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Safety using dating apps / online dating</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>Finding and choosing dating apps / online dating websites</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>How to make a profile for a dating app / online dating</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
<tr>
<td>How to talk to people on dating apps / online dating</td>
<td>O</td>
<td>O</td>
<td>O</td>
</tr>
</tbody>
</table>
Q6.5 This question asks you about "sexually transmissible infections" (STIs), which may also be known as "sexually transmitted diseases" (STDs) or "venereal disease" (VD). Herpes, gonorrhea, chlamydia, and syphilis are examples of sexually transmissible infections.

Which topics related to sexual health and sexually transmissible infections would you like to know more about?

<table>
<thead>
<tr>
<th></th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preventing sexually transmissible infections</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Symptoms of sexually transmissible infections</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Testing for sexually transmissible infections</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Choosing and using condoms</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Other safer sex methods</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q6.6 Which topics related to sexual pleasure would you like to know more about?

<table>
<thead>
<tr>
<th></th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ways I can pleasure my partner</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Ways my partner can pleasure me</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Self-pleasure / masturbation</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Ways to be sexually intimate without penetration</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Choosing and using lubricants</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Choosing and using sex toys</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q6.7 Which topics related to sex and ageing would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ageing and sexual performance</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Ageing and libido (sex drive)</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Ageing and sexual pleasure</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether it is safe to still be having sex</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Sex positions for older bodies</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Female sexual function after menopause</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Impact of hormone replacement therapy (HRT) on sexual function</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Erection medications e.g Viagra, Cialis</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Q6.8 Which of these topics related to sex and health would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex after a medical event e.g. heart attack, stroke, surgery</td>
<td></td>
<td></td>
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<tr>
<td>Sex after prostate surgery / prostatectomy</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Sex during / after breast cancer</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Sex during / after other types of cancer</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adapting your sexual practices for chronic illness or disability</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Intimacy and dementia</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Intimacy when one or both partners are in residential care</td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
Q6.9 Which of these topics about sex and relationships would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Intimacy after divorce</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Intimacy after death of a partner</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Healing from past sexual trauma / abuse</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Healing after infidelity</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Finding a sex therapist / relationship counselor</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Intimacy in long-distance relationships</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Intimacy in online relationships</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q6.10 Which of these additional topics would you like to know more about?

<table>
<thead>
<tr>
<th>Topic</th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Body image and its effect on sexual intimacy</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Same-sex sexual experiences later in life</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Gender expression or transition later in life</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Types of pornography and how to find them</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Challenges / traps when accessing and using pornography</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Open relationships</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Kink / BDSM</td>
<td>☐</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Q6.11
Which topics related to sexual communication would you like to know more about?

<table>
<thead>
<tr>
<th></th>
<th>I am interested in learning more about this</th>
<th>I am not interested in this</th>
<th>I am not sure what this is</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talking about safer sex e.g. using condoms</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Communicating about sexually transmissible infections and testing</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Discussing pleasure</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Talking about sexual difficulties</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Discussing mismatched libidos (sex drives)</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Talking about wanting to try new sexual activities</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Discussing alternatives to penetrative sex</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
Q6.12 With whom would you like to improve your confidence in talking about sexual health and wellbeing matters? Select all that apply

☐ People on dating apps / online dating websites
☐ New sexual partner(s)
☐ Husband / wife / long-term partner(s)
☐ GP / nurse / healthcare provider
☐ Family
☐ Friends
☐ Someone else (please specify)

__________________________________________________________________________

Q6.13 Are there any other sexual health and wellbeing topics you would like to know more about that have not been covered?

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

End of Block: Topics

Start of Block: Self & relationships

Q7.1
The next questions ask about your relationships and sexual life.

You can skip any questions you are not comfortable answering.
Q7.2 How would you describe your sexual orientation at the moment?

- Heterosexual (straight)
- Homosexual (lesbian or gay)
- Bisexual
- Asexual
- In another way (please specify) ____________________________

Q7.3 Which best describes your current relationship status?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Living with my husband/wife/partner
- Committed relationship, living in separate houses
- Single and not dating
- Single and dating
- Long-distance relationship with a partner I have met in person
- Long-distance relationship with a partner I have not met in person
- Something else (please specify) ____________________________
Q7.4
In the next questions “having sex” is defined broadly and includes intimate physical contact with another person. It includes activities like oral sex, manual stimulation, or using sex toys together. It may include, but is not limited to vaginal or anal intercourse.

Which best describes your current sexual life?

If none of the options fit, please select the last option and type in the textbox.

○ I am not having sex

○ I am having sex with one partner

○ I am having sex with more than one partner

○ Something else (please specify)
Q7.5
If you have a regular partner (either casual or committed) how would you describe your current relationship?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Not applicable, I do not have a regular partner
- Sexually monogamous
- Affectionate but not sexual (platonic)
- Open relationship
- Something else (please specify)

______________________________________________________________________________
Q7.6
If you have a regular partner (either casual or committed), how long have you been together?

If none of the options fit, or if you have multiple partners, please select the last option and type in the textbox.

- Not applicable, I do not have a regular partner
- Less than 1 year
- 1-4 years
- 5-9 years
- 10-19 years
- 20-29 years
- 30-39 years
- More than 40 years
- Something else (please specify)
  ____________________________________________________________

Q7.7 How satisfied are you with your current intimate relationship(s)?

- Extremely satisfied
- Somewhat satisfied
- Neither satisfied nor dissatisfied
- Somewhat dissatisfied
- Extremely dissatisfied
Q7.8
How would you like your situation to change in future? Select all that apply

I want to...

☐ Not applicable, I don't want my situation to change
☐ Start dating
☐ Start having sex again
☐ Have sex more frequently
☐ Have sex less frequently
☐ Be in a committed relationship
☐ End my relationship
☐ Live with my partner / move in together
☐ Stop living together
☐ Open my relationship (have other sexual partners)
☐ Close my relationship (be sexually monogamous)
☐ Change in another way (please specify)

__________________________________________________
Q7.9 Have you ever used a dating app or online dating website?

- Yes, since I turned 60
- Yes, but not since I turned 60
- No, never

Skip To: Q7.14 If Have you ever used a dating app or online dating website? = No, never

Display This Question:
If Have you ever used a dating app or online dating website? = Yes, since I turned 60

X→

Q7.10 How often do you use dating apps or online dating websites?

- Most days
- A couple of times a week
- A few times a month
- Occasionally
- Haven't used for more than 6 months
- Something else (please specify)

Display This Question:
If Have you ever used a dating app or online dating website? = Yes, since I turned 60
Or Have you ever used a dating app or online dating website? = Yes, but not since I turned 60

X→
Q7.11 What have you used dating apps or online dating websites for? Select all that apply

☐ Chatting / texting

☐ Organising virtual date / meet-up

☐ Organising in-person date / meet-up

☐ Something else (please specify)

-------------------------------------------------------------------------------------------------

Display This Question:
If Have you ever used a dating app or online dating website? = Yes, since I turned 60
Or Have you ever used a dating app or online dating website? = Yes, but not since I turned 60

☐ Yes

☐ No

Display This Question:
If Have you met any sexual partners via a dating app or online dating website? = Yes

☐ Yes

☐ No

Display This Question:
If Have you met any sexual partners via a dating app or online dating website? = Yes

☐ Casual sexual partner(s)

☐ Ongoing committed relationship(s)

☐ Something else (please specify)

-------------------------------------------------------------------------------------------------
Q7.14 Have you ever been tested for sexually transmissible infections (STIs)?

- Yes, since I turned 60
- Yes, but not since I turned 60
- No, never

Q7.15 Have you ever been diagnosed with a sexually transmissible infection (STI)?

- Yes, since I turned 60
- Yes, but not since I turned 60
- No, never

Q7.16 Do you have a regular GP?

- No
- Yes

Q7.17 On average, how many times a year do you go to the GP?

________________________________________________________________

End of Block: Self & relationships

Start of Block: Final questions

Q8.1 What do you feel are the most important sexual health and wellbeing issues for you?

________________________________________________________________
Q8.2
What barriers can make it difficult for you to address sexual health and wellbeing issues in your life?

Please write in the box below.

For example:  I'm embarrassed to ask my doctor about sex after prostate surgery
I want to be in a relationship, but I'm not sure how to meet people  I don't know where to find information on female orgasm  I'd like more intimacy in my marriage, but my husband / wife doesn't want to talk about it

Q8.3 Has the COVID-19 pandemic influenced your sexual health and wellbeing at all? If so, please tell us how.
Q8.4 Where did you hear about this survey?

- Friend or family member
- Facebook
- Other social media (please specify)
- Email newsletter (please specify)
- Another way (please specify)

End of Block: Final questions

Start of Block: Email address

Q9.1 Would you like us to contact you with:

- Results of this study when they are available?
- An invitation to participate in future research related to this project?

Select all that apply.

- No, please do not contact me
- Yes, please contact me with the study results
- Yes, please let me know about future research related to this project

Display This Question:

- If Would you like us to contact you with: Results of this study when they are available? An invitation...
  = Yes, please contact me with the study results

- Or Would you like us to contact you with: Results of this study when they are available? An invitation...
  = Yes, please let me know about future research related to this project
Q9.2
Please leave your email address below. (Your survey answers will remain anonymous).

________________________________________________________________

End of Block: Email address