## **Supplementary Material**

## Continuous flow *in situ* shear stress induced encapsulation of curcumin within spheroidal bovine serum albumin-based nanoparticles

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**Figure S1**. BNPs fabricated in a standard VFD housing a borosilicate glass tube, I.D. 17.5 mm, O.D. 20 mm, length 19.4 cm. Volume combinations for BSA (1 mg/mL) and ethanol, 1 mL and 1.5 mL, respectively; 1 mL of the combined solution was quickly transferred to the VFD tube which was then spun at 6k rpm for 30 min at (a,b) 65°C, and (c,d) 80°C, under the confined mode of operation of the device.



**Figure S2.** BNPs fabricated in a standard VFD as for Fig. S1. Optimization of the fabrication of BNPs under continuous flow mode. A syringe pump delivered a mixture of 5 mL BSA at 1 mg/mL and 7.5 mL ethanol, with the reaction operating at 80°C and the flow rate 0.5 mL/min. After that, the as prepared samples were left at 80°C for another 1 h, then centrifuged  $(1200 \times g)$  for 2 min, washed 3 times with deionized water and centrifuged  $(1200 \times g)$  for 1 min. Optimizations were conducted by varying the rotational speeds, 4k, 5k, 6k, 7k, 8k and 9k rpm.



**Figure S3.** BNPs fabricated in a standard VFD as for Fig. S1. Optimization of the fabrication of BNPs was under continuous flow mode. A syringe pump was used to deliver a mixture of 5 mL BSA (1 mg/mL) and 7.5 mL ethanol with the VFD tube spinning at 5k rpm at 80°C. After that, the as prepared samples were left at 80°C for another 1 h, then centrifuged (1200 × g) for 2 min, washed 3 times with deionized water and centrifuged (1200 × g) for 1 min. Optimizations were conducted by varying the flow rate between 0.25, 0.75 and 1 mL/min.



**Figure S4.** BNPs fabricated in a standard VFD as for Fig. S1. Optimization of the fabrication of BNPs was under continuous flow mode. A syringe pump delivered a mixture of varying concentrations of 5 mL BSA (at 1, 5, 10 or 15 mg/mL) and 7.5 mL ethanol with the VFD tube spinning at 5k rpm at 80 °C and the flow rate 0.5 mL/min. After that the as prepared samples were left at 80°C for another 1 h, then centrifuged ( $1200 \times g$ ) for 2 min, washed 3 times with deionized water and centrifuged ( $1200 \times g$ ) for 1 min.



**Figure S5.** Stability of BNPs. (a,b) BNPs left in the air for a week. (c,d) BNPs left in solution for a week. Samples were drop casted on a silicon wafer for SEM and all processing was in the absence of glutaraldehyde.



**Figure S6.** BNPs fabricated in a standard VFD as for Fig. S1. Optimization of the fabrication of BNPs was under continuous flow mode. A syringe pump was used to deliver a mixture of 5 mL BSA (at 10 mg/mL), 10 mL ethanol and 5 mg curcumin with the VFD tube spinning at 5k rpm at 80°C and the flow rate 0.5 mL/min. After that the as-prepared samples were left at 80°C for 5 min, and then centrifuged ( $1200 \times g$ ) for 2 min, washed 3 times and centrifuged ( $1200 \times g$ ) for 1 min.



**Figure S8.** Stability of BNPs. (a) BNPs left in the air for a week. (c) BNPs left in solution for a week. (b) BNPs@Curcumin left in the air for a week. (d) BNPs@Curcumin left in solution for a week (all processing was conducted in the absence of glutaraldehyde crosslinking).



**Figure S9.** BNPs fabricated in a standard VFD as for Fig. S1. 10 mL BSA at 10 mg/mL was spun at 5k rpm, 80 °C and a flow rate 0.5 mL/min. There after the solution was kept at 80°C for 1h then centrifuged for 2 min, washed 3 times and centrifuged for 1 min.



Figure S10. UV-Vis spectra of BNPs, BNPs@Curcumin, BSA, and curcumin, dispersed in water.