Program description and implementation findings of MyCare: enhancing community mental health care in Tasmania, Australia

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Appendix S1

Interview and Focus Group Session Guide

Demographic Assessment: Clients

- 1. What is your age?
- 2. How long have you been apart of the MyCare program?
- 3. Are you engaged with other services? If so please describe.

Focus Group or Interview Assessment: Clients

Please note the questions are a broad guide only and the questions asked are guided by the interview or focus group

Frequency of use

- 1. How often do you see your MyCare worker?
- 2. Is this sufficient for your needs? Why/ why not?

Referral Process

- 1. Can you reflect on the referral process, what was your experience of being referred into the program? Was it complicated or straightforward?
- 2. Anything you would change about the referral process?

Experience of the staff

- 1. What is your experience of the MyCare staff?
- 2. How would you evaluate your worker's ability to support you in your goals
- 3. To what extent have the MyCare team been respectful in their interaction with you? Please describe
- 4. To what extent have the MyCare team been able to answer any questions you had? Please describe

Evaluation of the implementation of the program

- 1. In regard to the characteristics of the program, which has been useful to you and why?
- 2. In regard to the characteristics of the program, which has been least useful to you and why?
- 3. To what extent has the program met your needs? Please describe
- 4. How does the program differ to other programs you have engaged in?
- 5. Other than this interview, have you been able to offer your worker any feedback regarding their work with you?
- 6. As part of the program have you been supported in referrals to other health care providers?
- 7. As part of the program have you been provided the opportunity to expand on your skill set?
 - a. Probes: through a TAFE course, or diploma, work experience
- 8. Is there anything that the program does not provide you with that you wish it did?

- 9. If you could make a change to the program what would it be? Why?
- 10. If you could keep something about the program what would it be?
- 11. If you had your time over, would you engage in the program again? Why/ why not?
- 12. How will you feel once the program comes to an end?
- 13. Would you recommend this program to other people similar to you?
- 14. Is there anything else you would like to say?

Demographic Assessment: MyCare Staff

- 1. What is your age in years?
- 2. Can you please describe your role in the MyCare program?
- 3. How long have you been delivering the MyCare program?

Focus Group Assessment: MyCare Staff

Please note the questions are a broad guide only and the questions asked are guided by the focus group

Frequency of use

- 1. On average, how often do you visit your clients?
- 2. Have you been able to attain this level of frequency throughout the duration of the program?
- 3. Do you think this level of contact meets the needs of your clients? Why/ why not?

Evaluation of the implementation of the program

- 1. In regard to the characteristics of the program, which has been useful to your clients and why?
- 2. In regard to the characteristics of the program, which has been least useful to your clients and why?
- 3. Does the program differ to other community-based mental health programs in Tasmania?
- 4. Other than this interview, have you been able to offer your organisation any feedback regarding the delivery of the program?
- 5. To what extent do you feel confident in delivering this program to your clients?
- 6. To what extent are the resources that you need to deliver this program available?
- 7. Which processes within the program do you feel facilitate its delivery? *Probes: Data entry file, team meetings, ongoing training, assessment planning tool.*
- 8. Which processes within the program do you feel impede its delivery? *Probes: Data entry file, team meetings, ongoing training, assessment planning tool*
- 9. How would you describe the support you have been provided with to deliver the program?
- 10. Would you like to add anything else?

Demographic Assessment: MyCare Stakeholder

- 1. What is your age in years?
- 2. Can you please describe your role in the MyCare program?

Interview Assessment: MyCare Stakeholder

Please note the questions are a broad guide only and the questions asked are guided by the interview

Frequency of engagement

- 1. On average, how often do you meet with other stakeholders to discuss MyCare? Is this sufficient?
- 2. Do you feel that meeting with the other stakeholders has made a positive or negative impact on the program? Please describe

Evaluation of the implementation of the program

- 1. In regard to the characteristics of the program, what would you evaluate as most useful to the client group and why?
- 2. Which intervention characteristics would you evaluate are least useful to the client group and why?
- 3. Does the program differ to other community-based mental health programs in Tasmania? If so how
- 4. Other than this interview, have you been able to offer the organisation any feedback regarding the delivery of the program?
- 5. Have you received any feedback from other stakeholders regarding the delivery of the program? If so what
- 6. To what extent are the resources available for the program to be adequately delivered?
- 7. Which processes within the program facilitate its delivery? *Probes: Data entry file, team meetings, ongoing training, assessment planning tool.*
- 8. Which processes within the program impede its delivery?

 Probes: Data entry file, team meetings, ongoing training, assessment planning tool
- 9. How would you describe the support the staff have been provided with to deliver the program?
- 10. Would you like to add anything else?