

Supplementary Material

Agreement of and discussion with clients about Undetectable equals Untransmissible among general practitioners in Australia: a cross-sectional survey

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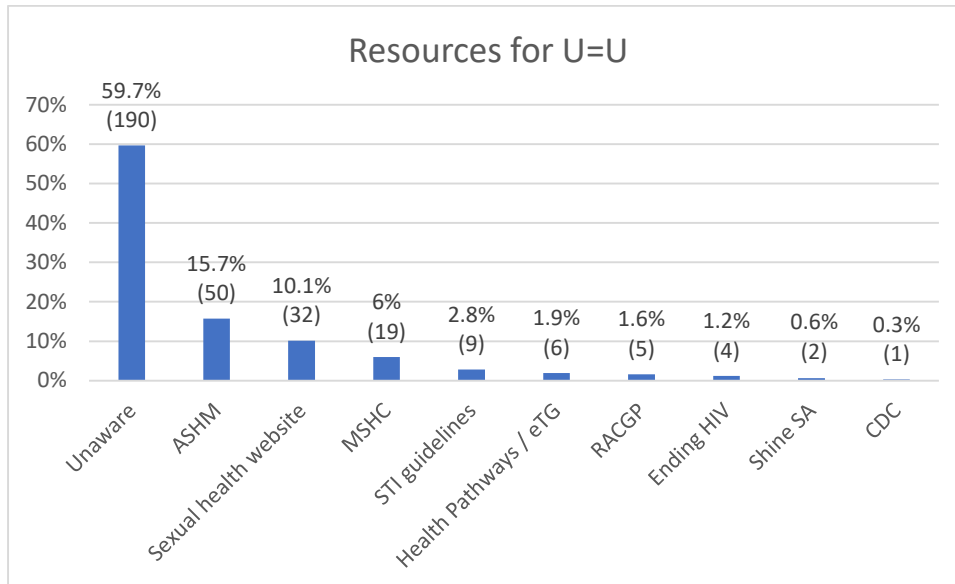
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SUPPLEMENTARY DATA

Supplementary Figure S1: Resources to assist with the conversation of U=U as identified by General Practitioners.



1. ASHM = Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine.
2. Melbourne Sexual Health Centre
3. STI guidelines – most likely referring to the ‘Australian STI management guidelines for use in primary care’ <https://sti.guidelines.org.au>
4. Sexual health website – likely referring to the MSHC or sexual health services located within the other states of Australia.
5. Health Pathways is a guideline for primary care practitioners in Australia: melbourne.communityhealthpathways.org.
eTG = electronic therapeutic guidelines – guidelines for all doctors in Australia: tgldcdp.tg.org.au
6. Shine SA = Sexual health information networking: <https://shinesa.org.au>
7. Ending HIV: <https://endinghiv.org.au>
8. RACGP: Royal Australian College of General Practitioners

Barriers to discussing U=U:

1. It makes consultations even longer when COVID time has been so stressful.

2. I Baulk at saying “never”. Could it be remarkably unlikely without being impossible to transmit?
3. Patient already aware
4. I live very remotely where we only have one HIV-positive patient and he sees another GP.
5. I am not convinced that untransmissible remains as such for as long as somebody is sexually active before their next test.
6. I do not have any HIV positive patients (3 same response)
7. I was aware of the concept but not specifically the U=U terminology.
8. Not exposed yet.
9. Lack of knowledge (2 same responses).
10. Still plenty of other STI out there, safe sex first.